The Canadian Nurse

Registered at Ottawa, Canada, as second class matter.

Editor and Business Manager:
ETHEL JOHNS, Reg. N., Suite 401, 1411 Crescent Street, Montreal, P.Q.

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The Canadian Nurse

A Monthly Journal for the Nurses of Canada
Published by the Canadian Nurses Association

VOL. XXX MONTREAL, QUE., JULY, 1934 No. 7

NURSE-PATIENT RATIOS IN CANADIAN HOSPITALS WITH AND WITHOUT TRAINING SCHOOLS

G. HARVEY AGNEW, M.D., Secretary, Department of Hospital Service, Canadian Medical Association.

Recently, on the suggestion of the National Joint Study Committee on Nursing Education, the Department of Hospital Service of the Canadian Medical Association made a study of the nurse-patient ratios in Canadian hospitals, with and without training schools. Since the publication of "A Survey of Nursing Education in Canada", prepared by Professor G. M. Weir, with its strong recommendations for the more serious consideration of the necessity of controlling the training of nurses in Canada, directors of training schools and hospital executives have made serious attempts to reduce the number of nurses being graduated and have endeavoured to so adjust their nursing personnel that more graduates could be employed. As this changed relationship between undergraduate and graduate personnel has affected the average ratio, hospital and training school directors have found that ratios and set-ups formerly accepted as correct do not now portray the average picture of today.

Scope of Investigation

Questionnaires were sent to all general hospitals with training schools and to general hospitals without training schools with a capacity of twenty-five beds or over. Questionnaires were sent also to tuberculosis sanatoria but, inasmuch as the nursing problem in such institutions differs considerably from that in general hospitals, the results were kept separate. Up to the time of the compilation of the data, replies had been received from 125 general hospitals with training schools, from 67 general hospitals without training schools and from 20 sanatoria. The institutions replying represent an exceedingly well distributed cross-section of the hospitals in Canada, both as to location and to size. Belated replies since received are very close to the averages obtained in the study and, therefore, the results given may be considered as reasonably typical of the situation in Canada. Inasmuch as the ratios would vary according to the size of the hospital, it was deemed advisable to establish three general groups: (1) 200 beds and over, (2) 75-199 beds and (3) under 75 beds. As the only general hospital over 200 beds without a training school had very extensive affiliation, its conclusion did not seem advisable in this category; after eliminating certain others with extensive affiliations, the group "under 75 beds" in this category was divided further into two groups: (a) 50-74 beds and (b) under 50 beds. The Toronto Hospital for Consumptives, Weston, was not included because it is now in the transition stage of giving up its training school.

Occupancy Ratio

Inasmuch as the nursing personnel required is affected more by occupancy than by bed capacity, a study of the ratio of occupancy to capacity was made for the different groups. The average occupancy of the hospitals with training schools was found to be but 58.4%, and in the hospitals without training schools the average occupancy was but 50.8% of capacity as shown in the accompanying table.

TABLE I

No. of Beds	With T.S.	Without T.S.	Sanatoria
200 and over	65.0%		95.0%
75-199	45.9%	62.5%	91.3%
Under 75	61.3%		90.0%
50-74		47.4%	
Under 50		35.1%	
Total	58.4%	50.8%	94.1%

This is an abnormally low occupancy precentage, being in contrast with an average of 75 to 80 per cent prevailing a few years ago and which is the optimum desired in a hospital. Undoubtedly, the financial stringency and the resultant decreased occupancy of the private wards plus, in certain areas, injudicious hospital expansion in the heyday of our prosperity, are the paramount factors. As would be expected, the tuberculosis sanatoria, with an average occupancy of 94.1%, are really overcrowded and indicate the need of expansion to permit of proper segregation.

Separate Principal of Training School

Of the 125 training schools heard from, 80 had a principal other than the superintendent of the hospital. Among the large hospitals, only one out of 37 combined the positions; on the other hand, in the group under 75 beds, 23 of the 33 combined the two positions.

Student Enrolment

In the compilation of this data, the replies received indicated that it would be necessary to include the probationers in the first year in order to utilize the information obtained. In the accompanying table (Table II), it will be noted that the enrolment in the first year is almost that of the third year, even allowing for the normal wastage among the probationers, and it is doubtful if the ultimate enrolment will be as low as the second year. This result should be noted in the consideration of the ratio of hospitals reporting reduction in the enrolment to be considered below.

Employment of Graduates

The accompanying table (Table III), indicates the number of graduate nurses

TABLE II

No. of Beds	1st year (incl. prob.)	2nd year	3rd year
200 and over	1237	1048	1256
75-199	618	606	664
Under 75	160	149	136
Total	2015	1803	2056

TABLE III

No. of Beds	Graduates Permanently Employed	Graduates Intermittently Employed
With T.S.		
200 and over	1155	1314
75-100	466	303
Under 75	160	98
Total	1781	1715
Without T.S.		
75-199	120	49
50-74	117	59
Under 50	202	115
Total	439	223
Sanatoria		
200 and over	221	101
75-100	98	20
Under 75	11	3
Total	330	124

permanently employed by these hospitals. Included are all nurses engaged in hospital administration, in supervision, on floor duty and in special departments.

The table also indicates the number of graduates intermittently employed by the hospital in 1933.

Ratio of Graduates to Beds and Patients

The average number of graduate nurses (excluding those intermittently employed) per 100 beds and also per 100 patients is indicated in the following table:

TABLE IV

No. of Graduates per 100 Beds	With T.S.	Without T.S.	Sanatoria
200 Beds and over	7.8		6.9
75-199 Beds	5.7	18.4	10.4
Under 75 Beds	9.8		22.0
50-74 Beds		15.2	
Under 50 Beds		12.5	
Total	7.2*	14.4*	7.9*
No. of Graduates per 100 Patients			
200 Beds and over	12.2		7.2
75-199 Beds	12.4	29.5	11.4
Under 75 Beds	16.0		24.4
50-74 Beds		32.0	
Under 50 Beds		23.2	
Total	12.4*	27.0*	8.3*

*The average total is obtained, not from the three group averages, but from the data totalled as a whole. This is more accurate and permits deduction of incomplete data.

It will be noted that in the hospitals *with training schools* the average ratio is approximately *one graduate to eight patients*, while in the general hospitals *without training schools* the ratio is approximately *one to four*. This is of interest because the statement is sometimes quoted that in the absence of a training school there should be one graduate to every four beds. Actually, by this analysis, in the absence of the training school there is but one graduate to every seven beds, a basis of calculation which is not nearly as helpful as that based on the nurse-patient ratio.

Table V indicates the average number of pupil nurses per 100 beds, and per 100 patients; and also the total number of all nurses (excluding special nurses employed by the patient or intermittently employed by the hospital) per 100 beds and per 100 patients.

TABLE V

Hospital Group	Number of Pupil Nurses Per 100 Beds	Per 100 Patients
200 Beds and over	24.1	36.9
75-199 Beds	23.0	49.6
Under 75 Beds	27.2	44.7
Total	23.9	40.7

Hospital Group	All Nurses Permanently Employed Per 100 Beds	Per 100 Patients
200 Beds and over	31.9	49.1
75-199 Beds	28.7	62.0
Under 75 Beds	37.0	60.7
Total	31.2	53.2

This table would indicate that our general hospitals now utilize the services of approximately two pupil nurses to every five patients, and that the total of all nurses employed is approximately one-half that of the average patient census.

Ratio of Students to Graduates

In considering the ratio of Students to Graduates (Table VI) those graduate nurses employed on the *permanent* staff either on floor duty or as supervisors or in other administrative capacities only are included.

TABLE VI

No. of Student Nurses per 100 Graduates

200 Beds and over	306.5
75-199 Beds	405.1
Under 75 Beds	278.1
All general hospitals with Training Schools	329.8

Reduction in Enrolment

For several years there has been a general feeling throughout Canada that there should be a definite reduction in the number of nurses graduated by our Training Schools and there has been an increasing conviction that it would be in the best interests of both the public and the nursing profession if the number of training schools was decreased. According to the *Survey*, on January 1, 1930, there were 218 training schools for nurses. According to the Directory of Hospitals, published by the Dominion Bureau of Statistics, the last complete report of which is for June 1, 1931, there were on that date 256 training schols for nurses. While this enquiry based upon data obtained in the Dominion Census of that year permitted a more complete compilation of hospital statistics than was available perhaps at the time of the *Survey*, the Dominion Report included a number of training schools in private hospitals, which fact might explain the difference in total.

Of more value to us in connection with this study is the comparison between

the number of hospitals reporting a reduction in the training school enrolment in the last four years and those reporting no reduction in enrolment. Of the 115 hospitals answering this question, 85 (including 8 whose training schools were closed) reported a reduction, and 30 reported no reduction. In other words, almost three-quarters of the hospitals replying reported a reduction in the training school. The reduction was most pronounced in the largest and smallest groups, and less pronounced in the intermediate groups. At first sight, it would seem difficult to reconcile this widespread response to the request for enrolment reduction with the data quoted earlier in this analysis, which showed that in these same schools the enrolment in the first year was greater than that of the second year and almost as large as that of the third year.

Presuming that the replies received were correct and bearing in mind that the request was for information concerning reductions in the past *four* years, one might draw the inference that the reduction in enrolment, the skipping of certain years, etc., might have taken place in large measure three or four years ago, that the reduction was continued a year ago (hence the smaller second year), and that hospitals are finding that further reductions this last year have been difficult to arrange. It would be necessary to keep in mind also that, owing to additional accommodation being added, some hospitals have found it necessary to increase their enrolment, although at the same time endeavouring to keep faith with the principle of reduced output.

Salaries of Intermittently Employed Graduates

Owing to the wide fluctuation in salary schedules in different hospitals, data on the salary range of *intermittently* employed graduates was obtained. The majority of such nurses were employed on floor duty, although some had special duties. These are set forth in Table VII, the figures indicating the number of hospitals which pay that particular salary range.

It was of interest to observe that the most commonly noted salary, $50.00 to $64.99, was most frequently found in the larger hospitals with training schools; but in the hospitals without training schools, this higher figure was more frequently noted in those hospitals having under fifty beds. It will be noted also that in the Sanatoria group the higher salary range prevailed.

TABLE VII

	General Hospitals With T.S.	General Hospitals Without T.S.	Tuberculosis Sanatoria
Under $35.00 per month	17	4	0
$35.00-$49.99 per month	18	9	1
$50.00-$64.99 per month	42	16	4
$65.00 and over	15	8	10

Summary

1. Bed occupancy is unusually low in general hospitals, being but 58.4 per cent where there is a training school and but 50.8 per cent in the comparatively smaller hospitals without a training school.

2. While three out of four hospitals report a reduction in student enrolment during the past four years, the 1933 enrolment would appear to be greater than that of 1932 and but little lower than that of 1931.

3. In the general hospitals *with* training schools the average graduate ratio is one to eight patients, there are two pupil nurses to every five patients and the total of all nurses is approximately one-half of

the average patient census. There are 3.3 pupils to every graduate *permanently* employed.

4. In general hospitals *without* training schools the average ratio of graduates is approximately one to four patients (27%).

5. There would seem to be a laudable effort, particularly on the part of the large general hospitals with training schools, to give intermittent employment to a considerable number of graduate nurses.

PROGRESS IN NURSING COMMUNICABLE DISEASES

KATHERINE M. MacLENNAN, Assistant to the Superintendent of Nurses, and Instructor, Alexandra Hospital for Communicable Diseases, Montreal.

"Unclean! Unclean!" the wailing cry of warning, forced from the lepers in the Roman empire, represents the older attitude of the community at large towards patients suffering from an infectious disease. So far as the modern attitude is one of scientific and sympathetic interest, the gulf between the two is bridged by the development of the medical knowledge and nursing care. Fear is largely based on ignorance; it is only through sympathetic interest and adequate knowledge of conditions that scientific progress can be made, and that the mind can become calm and unafraid.

In the Middle Ages

In the fourteenth century Chaucer speaks of the fear that was felt in "the death", that is, "the plague"; what plague, what epidemic, he refers to, we do not know because, in general, even those who were forced to stay by the sick and to bury them, were too terrified to take note of the onset and progress of the disease. Hardly until the seventeenth century do we find medical men calm enough to observe these details and set them down; when they did so, they laid a firm foundation for scientific discovery and treatment. Late in that century, Leeuwenhoek, making examinations under lens and really inventing the microscope, discovered many minute organisms, although he never thought of them as carriers of disease. It was Pasteur and Lister, building on this knowledge and fearless in their wish to help the sick, who discovered the causes of infection and sought to prevent it.

Within a Century

Fifty years ago nursing in Canada was neither scientific nor professional; today we shudder at the conditions of the so-called treatment in hospitals at that time. Thirty years ago sufferers from scarlet fever or diphtheria were herded together into "pest houses", more in an attempt to safeguard the community than to give the patients proper medical treatment and nursing care. The idea was prevalent that the germs of these and other diseases were air-borne rather than spread by contact as we believe today. Very seldom was a building intended for these patients an integral part of a general hospital. It is only within the last few years that any hospital for the treatment of these diseases has been built in the centre of the city instead of its outskirts.

As recently as twenty years ago it was difficult to secure nurses for the care of these infectious diseases because some were afraid of contracting the diseases, and all their friends, afraid that the diseases might be transmitted, were reluctant to see the nurses even when off duty. In the hospitals themselves the principle was one of physical isolation. Separate pavilions were often built for separate diseases for example, scarlet fever, diphtheria and measles, although it was realized that patients during their stay in the hospital ran the risk of contracting other diseases than the one which they already had. This condition frequently came about when a patient, within a few days of being admitted, developed a second disease to which he, unknowingly, had been exposed before his arrival.

The practice at this time was to have the nurses live in the pavilion containing the cases of one particular disease. They had their meals there and did not mingle with other nurses except outside the hospital. When a nurse was transferred from the measles pavilion to the scarlet fever pavilion, she was given a day or more off; she took a disinfectant bath, and washed her hair with disinfectant.

Medical Asepsis

By the introduction of medical asepsis, which is surgical cleanliness rigidly enforced in the nursing of communicable diseases, striking changes have been brought about. A nurse today is expected to know the prevention, cause, onset, course, complications, and last, but not least, the nursing care of the disease and she is expected to know how to protect herself and others from contracting it. Various forms of illness are nursed under the doctor's orders by members of the household who may not have special training or experience, but are careful and interested. In nursing communicable diseases, however, care and interest are not enough; the nurse must have a thorough knowledge of the required technique. As in the operating room the surgical nurse does not touch unsterile objects, so the nurse treating a patient with a communicable disease, does not touch anything clean or uncontaminated until her hands are thoroughly scrubbed. In the first case the aim is to keep infection from the patient; in the latter the aim is to leave the infection with the patient.

If the scientific principle of medical

UNITS WHERE DIFFERENT DISEASES ARE CARED FOR BY THE SAME NURSE

asepsis is thoroughly understood and rigidly observed by the nurses, the fear, still common among the laity, of contracting communicable diseases from visiting the hospital where they are treated, or from meeting the nurses off duty, will be discovered to be unfounded.

As a student nurse wrote in this magazine some 10 years ago:

> The first impressions on entering this hospital for a few months' training in the care of infectious diseases, are those of dread and horror of being met at every corner by a different germ. This feeling of awe is, however, very short-lived when one sees the

bright, airy wards where everything is so spotlessly clean, and the cheerful way the nurses, in perfect confidence, go from a case of scarlet fever to one of measles, then perhaps to one of chickenpox or whooping cough, knowing that cross-infection is impossible if gowns are properly changed, if her hands before leaving the cubicle or room are surgically clean, and if individual equipment is used throughout for each patient.

Today, in the most modern hospitals, all nurses sleep and have their meals in the same building and disinfectants are not relied upon. It never occurs to the modern scientific mind that nurses should be segregated with the patients suffering from one particular disease. And, gradually, the lay mind is coming to recognize that infection is not carried through the air except possibly for a few feet in the case of diseases accompanied by coughing or sneezing, but is conveyed from one patient to another by direct or indirect contact. Consequently, the nurse in an "infectious hospital" is no longer a social outcast; her friends realize that she, by using modern aseptic measures, is no more likely to carry disease organisms into their homes than any other visitor.

Aseptic Measures

What are these modern aseptic measures which have to such a great extent removed this fear of infection?

When a patient is admitted to the hospital there is the possibility of his or her incubating a second disease and the practice is to have the patient isolated from the others. The ideal unit has one patient with individual furniture, thermometer, bedside utensils, and a basin with running water for the use of the nurse. In each unit, a short-sleeved gown is hanging which the nurse puts on before she touches the patient. The purpose of this garment is to keep her own hospital uniform, with the sleeves rolled well up above the elbows, free of infection at all times. After she has given the patient the proper care, she scrubs her hands, and washes her arms for one minute, timing the process by a sand-glass—for she never wears her watch in such a unit—taking temperature, pulse, and respiration with the help of a hospital watch which has been placed on a clean piece of paper on the bedside table. After she has hung up the gown with the contaminated side inside, she scrubs and washes for the remainder of the three-minute period indicated by the sand-glass.

Concurrent Disinfection

During the progress of any case of communicable disease a continuing process of what is known as concurrent disinfection is systematically carried on. All contaminated articles which permit of boiling, are boiled for fifteen minutes and then washed. Other articles, such as bed rubbers are scrubbed and aired, and articles which cannot be boiled or washed, are exposed to the fresh air and sunshine for at least one hour.

Individual Units

This principle of the individual unit has rendered unnecessary and obsolete the older principle of a separate pavilion for a number of patients suffering from the same disease. Today a unit with a case of scarlet fever may be close beside a unit with a case of whooping cough—separated only by a glass partition, but, because the risk of contact is eliminated, the two, although physically near, are far apart as far as danger of infection is concerned. When the two units are separated, not by a glass partition, but merely by a screen, rope, or placard, the space between the two must obviously be greater. In fact, it should be not less than six feet, because the greatest danger of infection is through contact. There is also the risk that a child in the next unit may throw an infected toy to the patient in the next unit, or that droplet infection may be caused by sneezing or a spasm of coughing.

Debatable Practices

The use of masks and their value seems to be a much-debated topic. To the minds of many the constant wearing of masks gives to the nurse a false feeling of security, and seems to lessen the value of the nursing technique which should be applied rigidly at all times in the prevention of the spread of disease organisms. The natural tendency frequently is for the nurse to touch her mask with contaminated hands in an attempt to make it more comfortable. In the Alexandra Hospital we feel that rigid aseptic measures and the proper handling of the patient have much greater value than pieces of gauze placed over the mouths of the nurses.

The question of the use of gloves is as much discussed as the wearing of masks. It is to be remembered that pathogenic organisms may be found on the hands of any individual, but, in order for an infection to occur, these organisms must invade the tissues through some open lesion. In our hospital no nurse is allowed to come in contact with the patients when she has any abrasion on her hands or arms. The use of gloves in medical asepsis is considered unnecessary, and from the financial standpoint, is a tremendous saving. In the modern communicable disease hospital of today, caps entirely covering the head are not worn because, with proper handling of the patient and good technique, this practice is unnecessary. The affiliated student nurses at this hospital wear the ordinary caps of their respective hospitals.

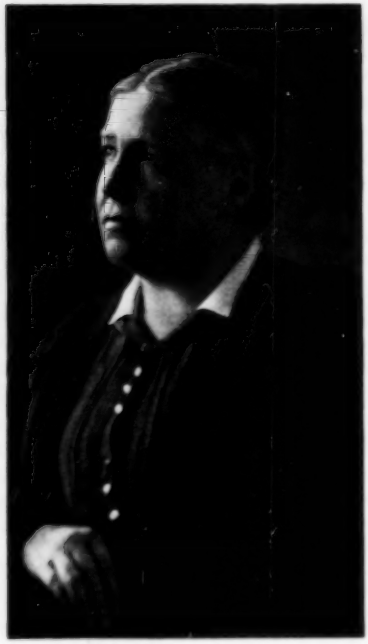
Terminal Disinfection

What is known as terminal disinfection has gone through various adaptations. No longer are disinfectant baths and shampoos given patients when they are discharged. Instead the patient, prior to his discharge, is given a simple soap and water bath and is dressed in clean clothing. Fresh air, sunshine, and soap and water are the only disinfectants used. These have proven more effective in the sterilization of mattresses and pillows than the autoclave, the use of which has been discontinued in this hospital. No longer is it necessary to sterilize linen, blankets, etc., before they are handled by the laundry staff for, with careful instruction in the technique used in handling contaminated articles, perfect safety can be maintained.

EQUIPMENT OF A UNIT

FLORA MADELINE SHAW

A beautiful and moving ceremony took place recently in the residence of the School of Nursing of The Montreal General Hospital when a bronze memorial tablet, erected to the memory of Flora Madeline Shaw, by the Alumnae Association of the School of Nursing of the Montreal General Hospital, was unveiled



FLORA MADELINE SHAW

by Miss E. Frances Upton, president of the Association, who, on behalf of the Association, confided the tablet to the care of Miss Mabel K. Holt, superintendent of nurses. The dedicatory prayers were said by the Rev. Canon W. H. Davison, and Miss Elizabeth Smellie, C.B.E., R.R.C., Chief Superintendent of the Victorian Order of Nurses for Canada, spoke feelingly of the beneficent influence of the life and work of Miss Shaw, making special reference to her unfailing loyalty to the fine traditions of her own school.

The memorial tablet shows the crest of the hospital and a portrait, in bas-relief, of Miss Shaw together with the following inscription:

In honour and loving memory of Flora Madeline Shaw, Graduate of this School, 1898; Instructor at the Montreal General Hospital in the first preliminary course in Nursing Education in Canada, 1906; First Director, School for Graduate Nurses, McGill University, 1920-1927; President, The Canadian Nurses Association, 1926-27; Born January 15th, 1864, and entered into Life August 27th, 1927.

These simple lines are in themselves an outline of a remarkable professional career, the details of which are already familiar to Canadian nurses. There is, however, another aspect of the life-work of Miss Shaw concerning which less has been made known. For six years, under the auspices of the Women's Division of the Canadian Patriotic Fund, Miss Shaw, with the assistance of a staff of fifty volunteer workers, visited and assisted hundreds of soldiers' families. Her gentleness, tact, and devotion found full scope in this labour of love.

Shortly after Miss Shaw's death, which occurred in 1927, the Alumnae Association of the School for Graduate Nurses of McGill University organized a plan to establish what is now known as "The Flora Madeline Shaw Memorial Fund for the advancement of nursing education." Four scholarships have already been awarded and a fifth is offered for the coming academic year. The beneficiaries of this Fund have taken courses at the McGill School and all are rendering excellent service in various fields of nursing.

Of Flora Madeline Shaw it may indeed be said that she, being dead, yet speaketh.

THE SCHOOL GOES ON

Another year of successful activity in the School for Graduate Nurses of McGill University came to a close at the recent Convocation of McGill University. The graduates of the school had the honour of the first place in the students' marching column as the long colourful procession of Faculty members and students wended its way over the campus and through the Roddick Memorial gates to the building where the ceremony was held. Twenty-one students received certificates in the following classifications: Teaching in Schools of Nursing; Supervision in Schools of Nursing; Public Health Nursing. The Lieutenant-Governor's silver medal was awarded to Miss Mildred Weir of the Western Hospital, Toronto, for highest standing in the course in teaching, and the Lieutenant-Governor's bronze medal was won by Miss Colette Noël, of Quebec, for highest standing in the course in public health nursing.

The standard of achievement during the year is to be commended, the students having made satisfactory grades not only in professional subjects, but in courses taken within the Faculty of Arts and Science. Many of the students received substantial assistance from scholarship funds, awarded by the several hospitals in Montreal, the Victorian Order of Nurses for Canada, the Association of Registered Nurses of the Province of Quebec, and by the Alumnae Association of the School. These scholarships are much appreciated and in view of the great benefit to the selected students, who otherwise would be unable to undertake graduate study, money thus spent is well invested.

The school is most appreciative of the support which it always receives from the staffs of hospitals and public health organizations in making the practice work of the students a valuable experience. Administrators, supervisors and teaching members within the hospitals of Montreal have been most co-operative in arranging for observation and practice in the classrooms and clinical services. The facilities afforded, and the liberal contributions in terms of time and effort made by staff members of the several public health nursing organizations and other health agencies in Montreal, constitute a varied and well-organized practice field in the course in public health nursing.

Through the strenuous efforts of the members of the provincial nurses associations throughout Canada, and through the organized effort of the Alumnae Association of the School, under the able direction of Miss E. Frances Upton, sufficient funds have been raised for another year, and the authorities of McGill University have announced the continuation of the School for that period. The school is already planning its programme for the coming session, and several applicants have been accepted for the September class.

A NATIONAL LOSS

The most Rev. Neil McNeil, D.D., Ph.D., LL.D., Archbishop of Toronto, died on May 26, 1934, in St. Michaels Hospital, Toronto. His death was more than a community or diocesan loss. It was a national one. Few have contributed more than he to the growth of religion, the cultivation of the spirit of charity, brotherly love and justice, and the spiritual and intellectual advance of his city and his people. A model of priestly piety, humility and goodness, he was a perfect exemplar of the spirit of Christian charity, which through a long life he never ceased to inculcate and practice. An apostle of peace and good-will and a harmonizer of differences that might lead to misunderstanding between various groups in a great cosmopolitan population, he was beloved for his broad sympathies, his deep erudition and his wise counsel, not only by people of his own immediate jurisdiction but by those who respected and revered the Man of God and the friend of the poor, however much they might differ from him in theological opinions.

His Excellency had consented to address the opening meeting of the Canadian Nurses Association and had asked for a copy of the Weir Report that he might again consider certain points therein, before speaking to the group. Whatever might have been his message to nurses, on that occasion, we may be sure that it would have included a plea for the continuing of unselfishness in service which has always characterized the profession, for this he spoke of frequently in his contacts with nurses. To those who knew and loved the "Beloved Archbishop" it is a consolation to know that he died in a hospital of which he was proud, surrounded then, and for days before, by all the loving care that religious and lay nurses could give.

THE NIGHTINGALE MEMORIAL

GRACE M. FAIRLEY, Convener of the Florence Nightingale Memorial Committee of the Canadian Nurses Association.

Interest in the Foundation is being well maintained as is evidenced by the list of donations which appears below. From headquarters comes news of a meeting of the International Council of Nurses Foundation Committee to be held in Paris in June and also on July 5 a conference of delegates from the member countries in London. At the London conference policies relative to the Foundation and the Bedford College course are to be discussed and it is disappointing that none of the members of the Canadian Committee will be present. However, it is hoped that a member of the C.N.A. at present in Britain may be free to attend and, if so, a report will be presented at a later date.

Alberta	
Previously forwarded	$ 53.30
Alberta Association of Registered Nurses	50.00
Ponoka Nurses Association	10.00
Overseas Nurses, Edmonton	10.00
Miss Deane, Red Deer	1.00
Miss Hulett, Red Deer	1.00
British Columbia	
Provincial Mental Hospital, Essondale	15.00
Fernie General Hospital, Fernie	12.00
New Brunswick	
Fredericton Chapter of the New Brunswick Association of Registered Nurses	15.00
A.A., Saint John General Hospital, Saint John	10.00
Saint John Chapter of the New Brunswick Association of Registered Nurses	10.00
A.A., Soldiers Memorial Hospital, Campbellton	10.00
Moncton Chapter of the New Brunswick Association of Registered Nurses	10.00
A.A., Fisher Memorial Hospital, Woodstock	10.00
Student Nurses, Saint John General Hospital, Saint John	10.00
Staff Nurses, Saint John Tuberculosis Hospital, East Saint John	5.75
A.A., St. Joseph's Hospital, Saint John	5.00
Student Nurses, Moncton City Hospital	4.00
Staff Nurses, Jordan Memorial Sanitorium	3.00
Student Nurses, The J. H. Dunn Hospital, Bathurst	2.50
Student Nurses, Chipman Memorial Hospital, St. Stephen	2.50
Student Nurses, Soldiers' Memorial Hospital, Campbellton	2.50
Student Nurses, Hôtel Dieu Hospital, Campbellton	1.70
Student Nurses, Hôtel Dieu Hospital, Chatham	1.00
Ontario	
Victoria Hospital School of Nursing, London	15.00
A.A., St. Michael's Hospital, Toronto	10.00
A.A., Mack Training School, St. Catharines	10.00
A.A., St. Joseph's Hospital, Chatham	5.00
A.A., Connaught Training School, Weston	5.00
University of Western Ontario Alumnae Association	5.00
Florence Nightingale Club, Brantford	2.00
Prince Edward Island	
Prince Edward Island Registered Nurses Association (annually for five years)	50.00
Quebec	
A.A., The Montreal General Hospital	50.00
A.A., Royal Victoria Hospital	50.00
The Montreal General Hospital Student Nurses	25.00
Children's Memorial Hospital, Montreal	25.00
Montreal Graduate Nurses Association	25.00
Alexandra Hospital, Montreal	20.00
St. Mary's Hospital, Montreal	20.00
Victorian Order of Nurses, Montreal Branch	12.00
Hôtel Dieu, Montreal	10.00
Notre Dame Hospital, Montreal	10.00
Shriners Hospital, Montreal	8.00
Ste. Agathe Sanatorium	5.00
The Montreal Baby and Foundling Hospital (Miss Lawrence)	2.00
A.A., Jeffery Hale's Hospital, Quebec	25.00
A.A., Hôtel Dieu (Jeanne Mance Association), Montreal	15.00
Student Nurses, Jeffery Hale's Hospital, Quebec	10.00
Homeopathic Hospital, Montreal	10.00
I.O.D.E. Edith Cavell Chapter	5.00
Miss Richardson, Shawinigan Falls, Que.	1.00
Saskatchewan	
Saskatchewan Registered Nurses Association	200.00

THE EDITOR'S DESK

Student Enrolment

Our leading article this month, written by Dr. G. Harvey Agnew, secretary of the department of hospital service of the Canadian Medical Association, is worthy of close study from more angles than one. As its title indicates, it is a comparative study of nurse-patient ratios in Canadian hospitals, with and without schools of nursing. Several somewhat disconcerting realities, having both economic and educational significance, emerge sharply. The first is the very low bed-occupancy which prevails in most Canadian hospitals and which creates an acute financial problem for hospital administrators, and the second is the evidence that, after a brief recession, the enrolment of student nurses in our schools of nursing is undergoing a fairly rapid increase. Apparently what has happened is this: A number of the weaker small schools have been closed; some of the larger schools have limited their intake to a slight extent; there have been sufficient additions to the enrolment of some of the medium-sized schools not only to offset all reductions, but probably to bring about a net increase for the country as a whole. Obviously there is a relationship between the economic stress occasioned by a low bed-occupancy, and the increase in enrolment of schools of nursing. Here is the crux of the whole situation and we are indebted to Dr. Agnew for this clear and impartial statement of our chief problem.

A Happy Coincidence

In view of the situation disclosed in Dr. Agnew's article it seems appropriate to give prominence in the same issue of the *Journal* to certain administrative policies which might reduce student enrolment and, at the same time, strengthen and enrich our educational resources. Under the caption of "The opening of a door" reference is made to the commendable action of the Children's Memorial Hospital of Montreal in discontinuing its undergraduate school while continuing to make available to graduate nurses and affiliating students its fine clinical and teaching resources. There is perhaps reason to hope that, gradually, the enrolment in undergraduate schools may be kept within reasonable bounds, and that we may utilize more fully our relatively undeveloped facilities for graduate study and clinical experience in special hospitals.

Where Honour Is Due

The list of honours marking the occasion of the King's Birthday includes the name of the president of the International Council of Nurses who henceforth will be known as Dame Alicia Lloyd Still of the Order of the British Empire. This royal recognition of a distinguished nurse comes at a specially appropriate juncture and will be a source of satisfaction to nurses in every part of the world.

A Word of Encouragement

In the editorial columns of a recent issue of the *Winnipeg Free Press*, a newspaper which has always displayed a sympathetic understanding of nurses and of nursing, we find this timely word of praise:

> No profession has been harder hit during the past few years than that of nursing and no profession has shown greater courage in meeting its difficulties. With little or no appeals to governments or other public bodies it has devised plans for helping those in its ranks who needed help and invariably these plans have helped not only the individual nurse but the sick public.

Look for the August Number

The current issue of the *Journal* goes to press just on the eve of the Biennial Meeting and therefore cannot report upon that important event. In the August issue, however, we expect to do full justice to the Silver Jubilee and are planning a special enlarged number to mark the auspicious occasion.

CANADIAN COUNCIL ON CHILD AND FAMILY WELFARE

A Synopsis of a Report of the Annual Meeting.

The Canadian Council on Child and Family Welfare held its annual meeting in Hamilton, on May 28. The committee on relations between public and private agencies in the family welfare field met, with Mr. A. W. Laver, of Toronto, presiding. While the discussion related primarily to the family welfare field, the same principles were enunciated as those that are considered fundamental in the field of public health nursing. Approval was voiced of definite working relationships between public and private agencies based upon a study of community needs and the possible contribution of each agency. In the afternoon a conference on interprovincial placement agreements was called. From the discussion it would seem that there is need of definite planning in respect to this problem. The varying degrees of responsibility assumed by child-caring agencies is startling at first thought, but it is quite comparable to certain situations in the field of public health. The family welfare division meeting was convened under the chairmanship of Mr. G. B. Clarke of Montreal. The topic discussed was that of transportation agreements between agencies in different parts of the country and the methods of securing return reports with the least expenditure of time and money. It was the consensus of opinion that the inquiring agency should make it clear to the other organization just what was required. As such inquiries might frequently be addressed to Public Health nursing agencies, this discussion was of particular interest. The report of the Executive Director, Miss Charlotte Whitton, dealt with the activities of the organization in considerable detail, and reference was made to similar activities in other countries. The reports of the secretaries of the division on maternal and child hygiene, French-speaking service and leisure time activities were presented.

TWO IMPORTANT APPOINTMENTS

Miss Constance E. Brewster has recently been appointed to succeed Miss Edith Rayside, C.B.E., as superintendent of nurses at the Hamilton General Hospital. Miss Brewster possesses outstanding qualifications for her new duties. She holds the degree of Bachelor of Arts from Toronto University, a graduate of the School of Nursing of The Royal Victoria Hospital, Montreal and, in 1925, undertook postgraduate study at the School for Graduate Nurses of McGill University. She has served successively as instructor in the School of Nursing of the Hamilton General Hospital and as assistant superintendent of nurses in that institution. Before entering upon her professional career Miss Brewster had wide experience in general education and has recently made a notable contribution as a member of the committee on curriculum of the Canadian Nurses Association. She is at present chairman of District 4, Registered Nurses Association of Ontario and second vice-chairman of the provincial association. The School of Nursing of the Hamilton General Hospital is to be congratulated on the fact that its former distinguished principal has so worthy a successor.

From the West comes the news that Miss Annie Lawrie, a graduate of the School of Nursing of the Royal Alexandra Hospital, Edmonton, has received an appointment to succeed Miss Helen Smith as superintendent of nurses at the Regina General Hospital, Regina, Saskatchewan. Miss Lawrie holds the degree of Bachelor of Science conferred by Columbia University, where she took courses in hospital and training school administration. She has served in her own hospital as instructor and assistant superintendent of nurses and also acted as superintendent of nurses for one year during the absence of Miss F. Munroe at Columbia University, and brings to her new position a broad and varied experience in nursing problems which will ensure her success.

The *Journal* extends its best wishes to Miss Brewster and to Miss Lawrie and offers to two representative schools of nursing, one in the East and the other in the West, its congratulations on having secured the services of such well qualified women as directors of nursing service and nursing education.

Department of Nursing Education

Convener of Publications: Miss Mildred Reid, Winnipeg General Hospital, Winnipeg, Man.

THE OPENING OF A DOOR

A significant trend in nursing education in Canada is the greatly increased demand for the further development of facilities for postgraduate study in hospitals within our own borders. In the past there has been a natural tendency to avail ourselves of the excellent opportunities which were so readily accessible to us in the United States, but recently the long waiting lists of American schools have forced an exploration of our own resources, the value of which has not previously been fully understood. Furthermore, the preliminary studies made by the committee on curriculum of the Canadian Nurses Association amply demonstrate that, in some schools, student nurses do not have adequate clinical instruction in the basic nursing services, especially in certain services not invariably found in general hospitals, such as pediatrics, psychiatry and communicable diseases. There is then a dual need; on the one hand for postgraduate courses, and on the other for a broader foundation on which to base the undergraduate courses.

In these days of economic stress it is hardly to be expected that many hospitals can make the drastic change in their administrative policies which would help to bring such reforms into being, and yet, one hospital in Canada, The Children's Memorial Hospital of Montreal, has recently taken a long forward step in this direction. Thanks to its Committee of Administration under the general direction of the president, Mr. W. J. Morrice, a courageous and farsighted policy in nursing education has been formulated and put into action which opens a new door of opportunity to Canadian nurses. It is particularly encouraging to find that the medical staff of the hospital, and its medical superintendent, Dr. Howard S. Mitchell, are actively interested in this development. In fact no better description can be given of the new policy and its underlying principles than to quote from an address given by Dr. H. B. Cushing, chairman of the medical board of the hospital, at the recent ceremony which marked the graduation of the final class to enter for the three-year course. Dr. Cushing spoke as follows:

Entrance to the Children's Memorial Hospital
(Courtesy of the Hospital)

It is with a great feeling of regret that we have to announce that this is the final graduation ceremony of the Children's Memorial Hospital School for Nurses. With the graduation of this class the school goes out of existence and this hospital will no longer give a general training. It is thirty years since the school was established and the present is the twenty-seventh class to graduate. It may well be asked why the school is being closed at the height of its success, when we are overwhelmed with applications for entry, when the school has gradually

acquired reputation and tradition, and when the growing army of our alumnae are beginning to prove a comfort and support to the hospital.

The decision to close the school was the result of careful and prolonged consideration by the whole staff and executive of the hospital and consultation with leaders of nursing education throughout the province, and a few moments might well be spared to explain exactly why this serious step was thought to be in the best interests of the hospital, and of the public served by the hospital. There is a growing feeling among those responsible

SUN BATHING IN THE GARDEN
(*Courtesy of the Hospital*)

for the standards of modern nursing education that it is not justifiable or advisable for a specialized hospital, treating only one class of patients, to conduct a general course of training for nurses. This for two reasons: first, it is not to the advantage of the nurses trained in the school, and their experience is one-sided. In the past we have endeavoured to overcome this difficulty by affiliation with other schools, and the nurses graduating today have had extensive experience in at least three other hospitals, treating other classes of patients, but still the difficulty remains. Second, and possibly more important, it is felt that the specialized hospital owes a duty to the public and to the advance of nursing education to afford intensive training in its own specialty to as many nurses as possible, as this special training cannot be obtained elsewhere.

Our present intention is to replace the former general training school by a short, carefully planned course of instruction in children's diseases alone. This course is offered to postgraduate students and to undergraduates of other schools. With our enormous material for demonstration, with the facilities and equipment only found in a large children's hospital, with a specially trained corps of instructors and specialists in the care of children, we feel that we can offer a practical course that can be equalled by few institutions in Canada. Moreover, this means that we afford the advantage of this course to twelve times as many nurses as if we continued to conduct the former three-year course of general training. It is fully realized that the new system will cause some inconvenience to our hospital from the frequent change of nursing staff, but it is felt that the arrangement is eventually in the best interests of our own institution and also of nursing education in Canada.

The Children's Memorial Hospital has much to offer postgraduate and affiliating students. Its fine buildings are enhanced by the beauty of its site. It is one of a group of hospitals, associated with the medical school of McGill University, which offer clinical and teaching facilities unexcelled on this continent. The superintendent of nurses is Miss Annie S. Kinder who, throughout her professional career, has made pediatric nursing her principal interest and was previously associated with the Hospital for Sick Children in Toronto and with the Children's Hospital of Winnipeg before being appointed to the position she now holds. Her teaching and supervising staff are specialists in the difficult art of nursing children, and adequate teaching facilities are available for instruction in both theory and practice.

The opening of this door of opportunity has not been accomplished without sacrifice and Canadian nurses will watch with gratitude and with pride the further development of this courageous experiment in nursing education.

A STIMULATING EXPERIENCE

FRANCES E. BROWN, Department of Public Health, Toronto.

The refresher course on mental hygiene held recently under the auspices of the School of Nursing, University of Toronto, was the first of its kind to be given in the province and was most successful, both from the point of view of the content of the course and the large attendance. The enrolment for full-time work was forty-one and for part time, six. Nurses came from twenty towns and cities in Ontario all the way between Ottawa and Sarnia. The students were largely of the executive, or more experienced class, and the various nursing groups were represented as follows: Public health, 26; Institutional, 7; Visiting, 5; Industrial, 2; Red Cross, 1. The programme was as follows:

Introduction to mental hygiene: Dr. B. T. McGhie, Director of Hospital Services for Ontario; Relation of mental hygiene to the adult: Dr. G. H. Stevenson, Superintendent, Ontario Hospital, Whitby; Objectives in mental hygiene work: Dr. C. M. Hincks, Director, Canadian National Committee for Mental Hygiene; Theory of mental hygiene and the place of the nursery school in public health: Dr. W. E. Blatz, Director, St. George's School for Child Study, University of Toronto; The mental hygiene of the child: Dr. C. G. Stogdill, Director, Mental Hygiene Division, Department of Public Health, Toronto; Mental conditions associated with organic disorders: Dr. E. P. Lewis, Director; Out patient Department, Psychiatric Hospital, Toronto; Parent education: Mrs. Helen Bott, Director of Parent Education, St. George's School, Toronto; The child-parent relationship: Miss Mildred Mann, Superintendent, The Haven, Toronto; Mental health clinics: Miss L. Oliver, Social Worker, Mental Health Clinic, Ontario Hospital; Mental hygiene nursing: Miss Edna Moore, Chief Nurse, Department of Health, Toronto; The mental health of the nurse: Miss N. Fidler, Superintendent of Nurses, Ontario Hospital, Whitby.

Observation visits included a tour of the Psychiatric Hospital; an all-day trip to the Hospital for the Mentally Subnormal at Orillia; a visit to the Family Court where the students were addressed by Judge H. S. Mott and by Dr. G. W. Anderson, court psychiatrist; to the offices of the Canadian National Committee for Mental Hygiene; to the St. George's School for Child Study. The nurses were also invited to attend two case study conferences at the Psychiatric Hospital. There were two round table conferences at which the following topics were discussed: Mental hygiene and generalized public health nursing; mental hygiene nursing.

There was so much of interest and value in each of the papers given that one would wish to reproduce them for the benefit of those who were unable to attend but space permits mention of only two or three points which are of special interest to nurses in their personal and professional life. Dr. Stevenson, in his address, defined the mentally healthy individual as follows: "One who attains a reasonable amount of happiness out of living, not at the expense of others, who contributes something to life, and who, in times of stress, is able to retain his poise and some degree of efficiency." Miss Fidler, in speaking on the mental health of the nurse, stressed the point that the nurse should be sturdier in mental and physical health than other workers. Her mental health should be adequate to begin with and, to attain this, candidates for hospital training schools should be given mental and personality tests. The public health nurse, concluded Miss Fidler, is able to interpret health to others only to the degree that she has insight into her own health. Miss Moore, in outlining the reasons why nurses should have mental hygiene training, quoted the aims laid down by a joint committee of the National Organization for Public Health Nursing and the American Association of Psychiatric Social Workers in recommending that a mental health content be put into public health training.

Throughout the course, it was emphasized by one speaker after another that sound habit training, beginning with the infant, is the best foundation for mental health in the adult. For this, parent education is necessary, and the person who has the greatest opportunity to give this teaching is the public health nurse.

I think that those of us who took part in this first course on mental hygiene feel that we have received a great stimulus to further study of the subject. To those who gave so generously of their time and effort in making the course possible, it must be at least some reward to know that forty-one women from twenty-one centres in Ontario will return to their own fields, with a new attitude toward and a better understanding of their work, and that they will carry into thousands of homes a message which is new and much needed.

UNDERSTANDING THE REACTIONS OF CHILDREN

DAISY HALLY, Reg. N., Psychiatric Social Worker, Neurological Clinic, Hospital for Sick Children, Toronto.

In their zeal not to overlook any manifestations of abnormal behaviour, there is grave danger that perhaps a normal reaction to a certain situation may be interpreted by the parent, teacher or nurse as falling into the category of the abnormal and, if treated as such, may result in the development of a neurosis or a serious personality problem. It is a quite normal response for a child to feel sensitive, to have a sense of inferiority, to show a tendency to become seclusive and to withdraw because of some physical handicap—a feeling that he is different from others, or has been made to feel that he is.

Type of Reaction

Every organic disease and deficiency presents a psychological problem of varying degrees of importance, according to the physical, emotional, intellectual and social make-up of the individual. A child who is in the grip of a conviction of inferiority may seek compensation in one of two ways. Either, he may employ the active method of aggression and pugnacity, or the passive one of retreat and withdrawal, depending upon his type of personality and his environment.

The *active* method of striking out and fighting back, that of retaliation, is a much more healthy, wholesome reaction in that any damage is done without, rather than within the personality. Parents usually seek advice for these children because of the annoyance and often humiliation to which they are subjected by their behaviour. In the *passive* method there is the desire to withdraw and to avoid people. Instead of fighting back, this child, because he lacks the courage and initiative to contend with his problems, accepts defeat and retires from the scene of strife. Although this type of reaction can and does lead to serious personality problems, parents rarely seek advice and help for these children. Only too often they are pleased that their child is so good and is so little trouble to them. The danger of the passive reaction lies in the fact that the child may construct an unreal or imaginary world for himself if the one in which he lives is too distressing and unsatisfactory, and also of the imaginary world proving too satisfying, so that there will be less inclination on his part to meet the real world.

How To Deal With These Reactions

It depends largely on the way in which these reactions are met, or not met, whether the child is to develop a normal, workable personality or become a socially maladjusted individual whose attitude toward life will be greatly influenced thereby. If ability to get along with others is part of the criteria of good mental health, then should we not consider quarrelsomeness or timidity danger signals of some faulty functioning within the personality?

We would not ignore a sore throat or a rash. We would seek advice and would do something about physical symptoms. Health is not measurable in terms of physical well-being alone. Does it not include some recognition of social adequacy and adaptability?

A Case History

The case of a boy, John J., aged 14 years, with a pituitary dysfunction and

Read before the School Health Section, Ontario Educational Association, Toronto, April 4, 1934.

habit spasms will illustrate the passive reaction to feelings of inferiority. For the past two years John had not wanted to play out-doors with the other children. He had no friends. He infinitely preferred doing things around the house with his father, a calm, stable type of man. He always postponed going to Boy Scout meetings or Boys' Clubs. He disliked school. During the holidays, or if absent through illness, he always became restless and uneasy as the time for returning to school approached. His happiest moments were those spent in bed for the treatment of habit spasms, which would clear up, only to return in a few months after he was allowed up. This boy, who was the youngest of three children, had been brought up in an atmosphere of anxiety and apprehension due to the mother's fear that she "would never raise him." A sister, four years of age, had died of diphtheria two days after the patient's birth. Then, too, like many families of today there has been constant worry over finances, due to unemployment. The entire family has been emotionally upset over accepting relief. John has been terrified "that the kids at school would find out."

He is a stockily built youngster with a high colour and rather feminine contour; is rather old-fashioned in his manner and inclined to be painfully shy and easily embarrassed; at such times he blushes, jerks his head about and twitching of the face and eyes is quite marked. He has gained 40 lbs. in the past year. At school he is in the Junior Fourth and has an intelligence quotient of 103. Under treatment this boy has made steady progress, both physiologically and psychologically. Through careful adherence to diet, which consisted in the elimination of carbohydrates, and more physical activity, this boy has lost 20 lbs. with the minimum amount of discomfort in the process. The school nurse's explanation to the teacher of the boy's attitude toward school, his I.Q., his physical condition and the psychological factors involved, has been largely responsible for a better school adjustment. John no longer worries about going to school, he now enjoys it. The nurse has also seen that he has been drawn into school activities, as well as arranging for him to attend the Y.M.C.A. where he is making a good contact with the boys and group leaders.

Formerly the family complained of John being around the house too much and of his unhappy, emotional outbursts. Now they practically only see him at meal times. He is out skating or hiking with the boys. To quote the parents, "He is a different kid now. He is always bright and cheerful." Recently, when a boy called him "fatty", he "licked" him. Formerly he would have let it pass because, as he says, he would not have felt like fighting. John now exhibits greater confidence in himself and although he may not be entirely free from all feeling of inferiority, yet he is able to make a good social adjustment because of having a better understanding of his difficulties, and of having built up the necessary courage and confidence with which to meet them.

One of the chief factors contributing to the success of this case was the challenge which was issued to this boy to assume his share of responsibility in carrying out treatment plans. He was given a careful explanation of the need for his co-operation and of what we hoped to accomplish, and then made to feel that it was his job and that he could do it. In consequence clinic visits took on a different meaning for him after he realized that something was expected of him, that he had something to contribute.

Have we any conception of the influence and far-reaching effect on this boy's future adjustment in life, in having overcome his difficulties in the adolescent period?

The Right Approach

You have probably come across children who were possibly less markedly introverted than John. Children who seem to stand off by themselves and who are unable to mingle freely with other children in the school yard. Much can be done through the combined efforts of the parents, the teacher, the nurse and the recreational centres to help these children overcome their difficulties without their becoming too conscious or aware of them.

For this reason a child should never be present when he or another child is being discussed. It either tends to give him an exaggerated idea of his importance and of the seriousness of his symptoms, or to increase his feelings of inferiority. One would almost conclude that children were inanimate objects in view of the way in which they have been sinned against in this regard. Frequently the effects of treatment have been markedly delayed and interfered with on this account.

Then, too, so much is dependent on the attitude of the nurse and of the teacher, not only toward the child and his problem, but toward his family. If they are too critical and harsh in their judgment the child is apt to build up resistances which are difficult later to overcome in the treatment of his problems. Perhaps Sammy's mother has not been very co-operative in the past. She may not have attended to his tonsils and his teeth. Shall we let this influence us and so anticipate failure, or shall we approach this mother with the same hopeful optimistic attitude in discussing Sammy's temper outbursts as we would if this were our first contact with her? We cannot expect positive results if we ourselves use a negative method of approach.

Tolerance and patience, a sympathetic understanding, a spirit of adventure and an experimental attitude are all most essential for the successful treatment of the many and varied problems about which the advice of the public health nurse is constantly being sought.

PLANNED SUPERVISION

MARION E. NASH, Educational Director, Montreal Branch, Victorian Order of Nurses.

Supervision at its best is based on a philosophy that recognizes education as growth. Intelligent supervision promotes development through co-operative effort that releases creative thinking and results in a maximum of service. Having set up an ideal for supervision, how is life to be breathed into this ideal? Mr. Buckalow in his article, "The Fine Art of Supervision", defines a philosophic leader as "one who is thoughtful, who makes plans carefully and seeks new truths." The supervisor whose teaching is based on sound educational principles must, through collaboration with her staff, set for herself a goal to be achieved within a given time. It is only in this way that she can hope to measure the results of their joint achievement. A well-thought-out plan is proof that the situation has been analyzed and the programme developed around the needs of a particular individual or group. It exhibits an awareness of strength and weakness and an ability to think concretely and objectively about a given situation.

If the supervisor is to formulate a plan based on the needs of the individual or group, what knowledge must she possess and how can she acquire that knowledge? The public health nurse's function is to sell the idea of positive health to the families in her community. On her ability to make herself acceptable to those whom she serves, on her teaching skill, her knowledge of community resources and their use, her appreciation of and skill in record-keeping, depends the nurse's success in public health nursing. Since the supervisor's aim is to help the nurse perfect herself in all these skills, she must evaluate the nurse's work on these several counts.

The home visit with the staff worker is perhaps the supervisor's most important tool in this process of evaluation. Through it she becomes aware of the nurse's problems, her resourcefulness, her approach to her families, their reaction to the visitor, her nursing and teaching skill. From a sufficiently large number of visits the supervisor can form a fairly good estimate of the nurse's work in the field. Her use of community resources, her ability to do good team work, her skill in record-keeping, can best be judged through personal contact and observation in the office.

When the supervisor has collected her facts she should then proceed to seek for the underlying causes of either strength or weakness. Having done so, she is ready for a conference with the individual whom she is planning to help. If supervisory visits are made on request, as we presume they are, the interview follows naturally, and a routine procedure is best established that assures the staff worker of the supervisor's undivided attention. The spirit of the interview should be one of friendly interest. It should feature appreciation of good work, discussion of weak points, analysis by the worker, and helpful suggestions that enable the nurse to see improvement as her personal responsibility. Effort should be crystallized by encouraging the nurse to set for herself a definite time limit within which to reach her objective.

After this conference, it is well for the supervisor to give a little thought to self-analysis, to consider whether she has given to the worker the help and stimulus required for her future development. It is likewise advisable to consider this individual nurse's work in its relation to the group, and the practical implications presented for group planning. The supervisor is the link between the administrative and the nursing group. On her skill in interpreting the policies of the organization, her ability to inspire her staff to see their work as a glorious adventure, depends the degree of success the field nurse will achieve in the home and the repute which the organization will enjoy in the community.

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The Central Registry Graduate Nurses

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Registrar:
ROBENA BURNETT, Reg.N.
91 Balsam Ave., Hamilton, Ont.

Private Duty Nurses Forum

The Eight-Hour Plan

The introduction of eight-hour duty for nurses went into effect in London, Ontario, on March 1, 1934, the purpose and object being threefold:

1. More work for nurses;
2. More even distribution of work;
3. Extra service to the public.

This new type of nursing service does not of course interfere with the twelve-hour duty and the twenty-hour duty now in effect, but is simply an additional service making it possible for patients to have two nurses in the place of one, three in the place of two, at a slightly reduced cost. Possibly when a patient cannot afford a nurse for twelve hours, they may do so for eight hours. The new rate is $3.00 for eight hours, making $9.00 for a twenty-four nursing day, divided into three shifts. By the twelve-hour duty schedule, the full day is divided into two instead of three shifts, at a rate of $5.00 for twelve hours or $10.00 for twenty-four hours, with only two instead of three nurses employed. This schedule covers general medical and surgical cases. The hours for eight-hour duty in hospital are 7.00 a.m. to 3.00 p.m., 3.00 p.m. to 11.00 p.m., 11.00 p.m to 7.00 a.m. In a private home any eight consecutive hours desired by patient or doctor may be arranged.

At the Alumnae Association meetings the matter was discussed and a committee chosen to interview the authorities of the local hospitals, from whom we were promised full support and co-operation. At a staff meeting of the doctors at each hospital, the committee placed the proposed plan before them and explained what we hoped to do, asking their support and co-operation. The committees were given a courteous hearing; most of the doctors seemed to favour the plan. Following these conferences a general mass meeting of the nurses was held, when the matter was voted upon and carried by a big majority. Though it is rather too soon to judge what success this will have, we are hoping for a big improvement in the local nursing situation.

A Correspondent,
London, Ontario.

From Another Angle

May I be allowed to comment on some of the nursing problems of today and probably from another angle from those most frequently used. I spent ten years in nursing service-private duty and three years hospital work, and have been away from active nursing for ten years, and now see things from the standpoint of a country home and community.

As I read of the higher and higher standards set for training schools, I have very grave doubts whether these highly educated young ladies will consider the needy and country districts where nursing care is so badly needed and so often is not available. It seems to me that some form of state medicine and nursing care will have to be the outcome of these times, for there just is not the money among workers and farmers to pay for expensive nursing care. I do not think hospitals should cut down on their classes to any great extent, but all candidates should understand on entering, or on being accepted, that their graduation does not mean a supply of available positions but may mean very little perhaps as far as money goes. I believe the training itself will be of untold value and help in the home life in which many will eventually find themselves. Our high schools do not close their doors to applicants for the reason that there are already too many school-teachers.

I never knew what eight-hour duty meant. Three and four dollars a day seemed ample remuneration and I had full-time charge of the patient. Nurses' fees are too high in comparison with the producer's earnings. Three dollars for eight hours leaves the patient without intelligent nursing care for sixteen hours of the day. I fancy that three dollars a day through this depression would have meant many weeks of work to idle nurses, but of course if you cannot get the five dollars a day set down by your particular association, why better sit in idleness, even if people do need care—Five dollars or nothing!

Our neighbour a year ago had to put a mortgage on his farm to pay a nurse's fees; he says he sees nothing but debt ahead. Sick people should be cared for and nurses should have reasonable earnings. If the nursing organizations can plan a way, to find out how people with very little funds, and many with nothing at all, could be cared for in illness with a reasonable amount of intelligent care, it would indeed be a God-send to many a worried mother and make for happier homes. Too many have gone into the nursing profession with money as the first consideration and the patient second.

Where two nurses are employed on twelve-hour duty in a hospital, does it not seem a rather unfair proposition to expect that the patient shall pay board bills for two nurses, besides the five-dollar-a-day wage? Can one wonder at the slow recovery and awful sense

of defeat in many a home, when perhaps all the money has to be borrowed or a chattel mortgage put on the family belongings to pay the bills.

New problems have arisen and new methods and adjustments will have to be made, and may we hope for a fairer distribution to bring in a happier day.

KATY LEE, Ontario.

Unemployed?

Not all nurses are living in the cities and larger centres and many of us, because of unemployment, have found it necessary to return home to the farm or village. Unfortunately, not all nurses have been so favored as to return to a welcome home. They have my sincere sympathy and I marvel at their stamina and resourcefulness, but I am for the moment not concerned with them but with those who *have* a comfortable home and sufficient food. Why do we, many of us, because we are unemployed simply sit and bemoan the fact, making ourselves and everyone about us unhappy? There is work to be done, even if we never receive a penny. Of necessity this is terribly overloaded with "I" and "me" but it is hoped that the reader will see beyond this to the thing meant, for I do hope to stir some of our sorrowful ones to action.

For two years I've been unemployed in so far as a regular position is concerned, but never have I been idle or unhappy. I live in a small country village of nine hundred population, in the garden of old Ontario, where we pat ourselves on the back, but have failed to do much along health lines. This community is in no way served by a public health or school nurse. The following is a list of the things I have done which have contributed to my happiness and, I hope, to the welfare of the community:

I taught first aid to a C.C.I.T. group last year, and this year have given the same group a course in home hygiene and care of the sick. The Boy Scouts then came along and I responded to their desire for some help in first aid work. One day, while out in the country, I saw a child of eight years of age with badly deformed feet. I later made enquiries, found his people could not afford to care for operative work, and went to the Rotary Club in our county town. These men are financing the necessary surgical work and the child is being made whole. I invited the school teachers, including the principal's wife, to my home for afternoon tea and talked about parent teachers association. We have one now, struggling, but on its way. I attended a school-board meeting, a thing no woman has ever done here, and we now have two drinking fountains instead of the old tin cup, and paper towels too. We had basins in our school but no towels (yes, in the heart of old Ontario). Girl Guides have been organized in our village this year. I am to help in that work and am now acting as sponsor and guide to a young girl of twenty who is organizing a Brownie pack for the little folk. I have done a good bit of hourly nursing, gratis of course, and last winter was a sort of social investigator for the village welfare society.

Now for my latest and dearest project. I have had three meetings at my home for the nurses of this community in order to acquaint them with the *Survey*. Our members are as follows: A doctor's wife, graduated 17 years ago; a minister's wife, graduated 20 years ago; a business man's wife, graduated 29 years ago. These women have in no way retained even a speaking acquaintance with the profession. A young girl, graduated this year from a small school and unemployed, and another mere child, fresh from a school where she had splendid advantages, were also members of this study group. Thus far I'm the teacher and, while I'm interested in rekindling a feeling for the profession and its standards in these elderly women, yet it is really these young women whom I am most anxious to aid. They must be kept in touch.

Now maybe every nurse isn't such a blundering creature as to suppose she can be "Jack of all Trades", nevertheless she can surely see much to do if she forgets that money isn't all. I need a job, yet shouldn't we see beyond ourselves? I hope, although I never expect it to happen, that when I do get a job this community will feel they need a nurse and set about getting one. I am still looking ahead and next year if I'm still here, and it looks as if I would be, I hope to gain the consent and co-operation of the school board and the Parent Teachers Association to allow me to go into the school as a school nurse. I'm sure many defects would be brought to light and corrected. Then, too, in our little public library the lighting is atrocious. New lights wouldn't cost a great deal and next fall I'm going to call on the town fathers.

Other nurses I'm sure have been busy. Won't you exchange ideas? I am enthusiastic about what can be done in my community. If you are not doing community work, start now and let us hear, through the *Journal*, of your accomplishments.

—AN ONTARIO NURSE.

Notes from the National Office

Contributed by JEAN S. WILSON, Reg. N., Executive Secretary.

An International Appointment

At the Congress of the International Council of Nurses in July, 1933, the Board of Directors appointed a special committee to consider the reorganization of Headquarters in Geneva. Recently this committee, through the Board of Directors, announced that Miss Anna Schwarzenberg, formerly superintendent of nurses of the University Children's Hospital, Graz, Austria, had been appointed executive secretary of the I.C.N. for a period of two years. Miss Schwarzenberg commenced her duties on May 22, and in future all correspondence should be addressed to her at Headquarters, 14 Quai Gustave Ador, Geneva, Switzerland.

Executive Officers

Recently we were asked to make announcement whereby the members of the Canadian Nurses Association could be reminded that there is an executive secretary for the C.N.A. and for each provincial association of registered nurses.

As each provincial association of graduate nurses in Canada obtained an Act for the Registration of Nurses, registration became the prime requisite for eligibility of membership and provincial membership became individual; each association appointed an executive secretary. Except in the Province of Ontario, the executive secretary acts as the provincial registrar. These officers, all of whom are registered nurses, are provided with office space, equipment, and stenographic assistance. They receive an honorarium for their services. Space does not permit giving in detail the duties of these officers which are delegated to them by the governing body of the provincial association by which they are appointed. The executive secretary in a provincial, national and international office should (and does) aim toward being in a position to give information as may be needed by the individual nurse as well as local groups. It is admitted that there are occasions when information in detail cannot be given immediately but these officers usually are able to procure the required data or to advise the source to which the request should be made. We have been informed that recently, several weeks of time could have been saved, if an inquiry had been made to either the national or to a certain provincial executive secretary instead of which the letter was addressed in succession to two non-professional persons, then to two hospital executives before it eventually reached the office of the provincial association. The names and addresses of provincial executive secretaries are published monthly in the Official Directory of the *Journal* under the heading "Provincial Associations of Registered Nurses." As there has been a change of executive officer in two provinces within recent months, a list of these officers together with the address of each office is published herewith:

Alberta: Mrs. A. E. Vango, 11107-82nd Ave., Edmonton.

British Columbia: Miss Helen Randal, 516 Vancouver Block, Vancouver.

Manitoba: Mrs. S. Gordon Kerr, 510 Medical Arts Building, Winnipeg.

New Brunswick: Miss Maude E. Retallick, 262 Charlotte Street, West Saint John.

Nova Scotia: Miss Muriel J. Graham, 413 Dennis Building, Halifax.

Ontario: Miss M. E. Fitzgerald, 380 Jane Street, Toronto.

Prince Edward Island: Miss H. Margaret Campbell, 8 Grafton Street, Charlottetown.

Quebec: Miss E. Frances Upton, 406, 1396 St. Catherine Street West, Montreal.

Saskatchewan: Miss Margaret A. Ross, 45 Angus Crescent, Regina.

News Notes

News items intended for publication in the ensuing issue must reach the Journal not later than the eighth of the preceding month. In order to ensure accuracy all contributions should be typewritten and double-spaced.

ALBERTA

EDMONTON: The biennial scholarship for 1934, granted by the Alberta Association of Registered Nurses, has been awarded to Miss Claretta Dean, graduate of the School of Nursing of the Royal Alexandra Hospital, Edmonton, class of 1929. Miss Dean has done active work with the Travelling Clinic in Alberta, was nursing instructress at Olds School of Agriculture for the term 1932-33, and for the past year has been on the staff of the Red Deer Full-time Health District. Miss Dean plans taking a course in public health nursing.

LAMONT: Miss Jessie Archer (Lamont, 1933), is enjoying a postgraduate course in pediatrics at the Children's Hospital, Toronto. Miss Jessie Nikiforuk (Lamont, 1932), is taking a postgraduate course in psychiatry at Ponoka Mental Hospital. Miss Grace Wright (Lamont, 1932), has recently returned from the Royal Victoria Hospital, Montreal, after completing a postgraduate course in obstetrics. Prior to that course she completed a course in pediatrics at the Winnipeg General Hospital. Miss Grace Oyama (Lamont, 1928), took a postgraduate course at the Royal Victoria Hospital, Montreal, prior to going to Tokyo.

MARRIED: Recently, at Elk Point, Miss Isobel Antoniuk (Lamont, 1932), to Mr. Harold Pinder.

MARRIED: Recently, at Cold Lake, Miss Nellie Duckett (Lamont, 1932), to Mr. Edward Felix.

MARRIED: Recently, in Japan, Miss Grace Oyama (Lamont, 1928), to Mr. M. Sugita, of Tokyo.

LETHBRIDGE: The fourth successful annual dinner and bridge was held by the Graduate Nurses Association on April 16 when thirty-six nurses from the city and district partook of an enjoyable repast. Miss Jean Brodie, in the absence of Miss MacKenzie, spoke in appreciation of the attendance and interest shown by the members, and also conveyed best wishes from two of the first members of the Association, Miss Mildred Harvey of Logan, Utah, and Mrs. Wilson of Nova Scotia. Mrs. Thomas Lanier gave an interesting reading on the inhabitants of the Tennessee Mountain district. Bridge was enjoyed, the prizes being won by Mrs. A. A. Haig and Mrs. McLeod. The affair was convened by Miss Bertha Ford, assisted by Miss J. Brodie.

MEDICINE HAT: The monthly meeting of the Medicine Hat Graduate Nurses Association was held on May 5 and, following the business meeting, Mrs. Keohane and Mrs. Devlin were hostesses to a farewell party for Miss Ida Henderson (M.G.H.), operating room supervisor of the Medicine Hat General Hospital, who has accepted a position on the staff of the Montreal General Hospital. She was presented with a small remembrance. Her place has been filled by Miss E. Pederson (Medicine Hat General Hospital).

MEDICINE HAT: The graduation exercises of the School of Nursing of the Medicine Hat General Hospital took place on April 12, when sixteen nurses received their medals and diplomas. Dr. Howard Dixon addressed the class and administered the Florence Nightingale pledge. He also expressed regret at the passing of Dr. Oliver Boyd, who for many years was a member of the Hospital Board. Addresses were given by His Worship, Mayor Bullivant and Rev. Mr. Binning. Miss J. McWilliams gave the valedictory address. The diplomas were presented by Mr. H. Norman Davis and Miss Mary Murray, superintendent of nurses. The special prizes were awarded as follows: for general proficiency: Miss V. Crandall; practical nursing, Miss M. Hutchcroft; obstetrics: Miss M. Reimcke; surgery, Miss K. Horvey. Following the exercises a reception and dance was held.

MARRIED: Recently, Miss Olaf Hanson (Medicine Hat General Hospital, 1933), to Mr. Arthur Forster.

MARRIED: In April, Miss H. Wickstrom (Medicine Hat General Hospital, 1934), to Mr. Sidney Wade.

BRITISH COLUMBIA

TRANQUILLE: The affiliating class of April and May are fortunate to have spent two of the finest months of the year at Tranquille Sanatorium. Congeniality prevailed between the students from the different schools, both at work and play and, although we found the routine very different to that of a general hospital, we enjoyed our associations with both supervisors and patients. Our first social gathering took the form of a picnic at the lake shore and how we did enjoy the coffee made over the beach bonfire. Wednesday evenings were reserved for the weekly talking picture and the tennis courts were an added attraction. Now that the course is completed we return to our respective schools feeling we all have

greatly benefited from our lectures and practical experiences. The student nurses composing this group were: Misses Markle, Grant, and Harwood of St. Paul's Hospital, Vancouver; Misses Foster, Morris and Olund of the Vancouver General Hospital; Miss J. Robinson of the Kootenay Lake Hospital, Nelson; Miss D. Robinson of the Royal Columbian Hospital, New Westminster; Miss W. Fensom of Cranbrook; Miss W. Johnston of the Royal Inland Hospital, Kamloops; Miss E. Edwards of Prince Rupert.

VANCOUVER: Examinations were held recently in various centres of British Columbia for title and certificate of Registered Nurse. One hundred and thirty-nine nurses took this examination. The following is the result in order of merit:

First Class (80% and over)—D. L. Robinson, Hazelton General Hospital (affiliate Royal Columbian Hospital, New Westminster); D. M. A. Hibberson, Royal Jubilee Hospital, Victoria; A. G. Owens, St. Joseph's Hospital, Victoria; E. P. L. Taylor, Vancouver General Hospital; L. B. Robson, J. W. Ross, C. I. Cockell, H. J. Fagerlid, (M. J. S. Kelly, E. F. Welch, equal); K. E. Sheppard, B. J. Penson, A. R. Carton, H. B. Wilson-Murray, (H. M. Cretney, L. M. Malkin, equal); (Mrs. H. C. A. Brown, I. C. Donald, equal); (M. J. Rooke, M. D. Baines, equal); G. H. Williamson, M. B. Nelson, B. W. Ansell.

Second Class (65% to 80%)—S. L. Anderson, A. M. Thompson, (M. O. Loney, H. M. Marshall, equal); (M. P. Alston, N. W. R. Donnelly, E. E. Field, M. E. Hardy, C. N. Purney, M. C. Rankins, equal); M. E. Minor, L. P. Cockell, Mrs. F. E. Smith, A. O. Mosier, Sister M. Laurena, S. K. M. Scott, (N. C. Brankin, A. W. Ion, E. M. Wortendyke, equal); (E. H. G. Barnes, D. G. Roy, equal); (V. C. Helgesen, W. H. Russel, E. M. Wellington, equal); (E. S. Lipsey, J. A. McNabb, equal); (W. J. Blackburn, C. G. Bryant, equal); M. F. Roach, (M. W. Green, E. C. Hood, D. J. R. Watson, equal); (F. T. Campbell, F. G. Hall, equal); (P. Fitzpatrick, E. Knox, equal); M. B. Butler, (B. Hayden, A. Y. May, E. M. Topper, equal); (B. Braley, M. E. W. Ker, equal); B. H. Bose, (J. M. Barr-Hall, J. C. McTavish, G. S. Smith, C. M. Swanson, equal); (E. M. Henderson, J. McL. Wright, equal); J. L. Tymick, C. Nicholson, J. C. Chambers, (H. E. Home, F. E. Waugh, equal); (E. M. Davis, J. C. Seggie, D. M. Mann, equal); (D. Kahle, A. E. Van-Valkenberg, equal); (B. E. Cousins, A. E. Moore, M. O. Phelps, equal); E. Carbonneau, (H. J. Edgett, M. I. Kerr, equal); (C. J. Hodson, W. P. Lawrence, equal); (K. H. Simmons, E. P. E. Williamson, equal); F. H. Mollett, (A. M. Beamish, M. Fishwick, M. A. Morrison, equal); M. A. M. Wetton, K. M. Thompson, E. A. Ohlson, B. B. Cornwall, V. Hembury, E. B. Cummins, (K. A. Murray, J. M. Scott, equal); J. R. Brasell, F. E. Cooper, M. E. Smith, D. A. Kosakosk, J. E. McEachren, M. M. Chubra, (E. J. S. Cooper, S. E. Reilly, equal); M. Johnston, I. D. Reid, M. G. Jamieson, M. C. McCaffrey, A. L. Welch, J. F. Frost.

Pass (60% to 65%)—E. M. Brier, G. B. Davis, H. K. Richards, K. A. Fatke, V. R. Johnson, (A. F. Anderson, S. A. M. Dawe, equal); D. M. H. Bird, M. M. Dobbie, H. M. Tuttle, Mrs. G. Morrison.

Passed supplementals:—W. E. Courtney, (1); J. G. Gillespie, (1); G. Lowe, (1); F. B. Thompson, (1); G. L. Reynolds, (1).

VICTORIA: On March 7 the fourteenth annual meeting of the Alumnae Association of the Royal Jubilee Hospital was held. The annual report was read and officers were elected for the coming year. On May 7, members of the Jubilee Alumnae Association entertained the 1934 Graduating Class at a dinner. Among the guests was Miss J. F. MacKenzie, our former Director of Nursing, whom we had invited specially and were very pleased to see. After dinner a short programme was given by some of the hostesses, which proved to be very entertaining.

On May 10, the graduation exercises took place when thirty-six nurses graduated and Miss E. Hallas received a diploma for the completion of a course in radiological technique. Following the exercises, refreshments were served in the Nurses Home.

MARRIED: On April 4, 1934, at Vancouver, by the Rev. A. E. Roberts, Miss Ida C. Lind (graduate of the School of Nursing of the Moose Jaw General Hospital, class of 1919), to Mr. George Henry Stevenson, of Atlin, British Columbia. Mr. and Mrs. Stevenson will reside in Atlin.

MANITOBA

BRANDON: The Brandon Graduate Nurses Association held their annual dinner on May 5 when the graduating class of the General Hospital were honor guests. Present also were three former superintendents of the hospital, Miss Birtles, Mrs. W. H. Shillinglaw, and Mrs. Robert Darrach. Mrs. S. J. S. Peirce extended to the members of the graduating class good wishes and congratulations. Miss Eva McNally was chairman for the evening. To honor the memory of one who had been ever a friend of the association and of all the activities of the hospital those assembled stood in silence remembering the late Mrs. H.

S. Sharpe. Miss Marjorie McKenzie was the guest speaker at the dinner and gave a delightful picture of the beauty of real service. A vote of thanks was made by Miss Margaret Finlayson. A business meeting included the reading of reports from the different branches of the association. The following officers were elected for the coming year: Honorary President, Miss Birtles; Honorary Vice-President, Mrs. W. H. Shillinglaw; President, Miss Eva McNally; Vice-Presidents, Mrs. L. Fletcher and Miss M. Parsons; Secretary, Miss Dorothy Longley; Treasurer, Mrs. M. Long; Committees: Registrar, Miss C. Macleod; Press, Miss Helen Morrison; Cook-books, Mrs. A. Kains; Sick Visitor, Mrs. J. R. Fisher; Welfare, Miss E. M. Higgens; Social and Programme, Mrs. E. Hanna; Private Duty, Mrs. L. Fletcher and Miss Isobel Knox.

SAINT BONIFACE: The Saint Boniface Alumnae Association entertained at a silver tea on May 19, when Miss K. McCallum, president of the association, received the many guests. The committee in charge of arrangements were Miss Ellen Banks, convener, Misses J. Williamson, Anne Nelson, Stella Madill, Margaret Spooner, Charlotte Dermody. Assisting in the tea room were: Mrs. J. D. Adamson, Mrs. Gordon Fahrni, Mrs. C. R. Rice, Mrs. S. Herbert, Mrs. E. Dwyer, Mrs. A. P. McKinnon, Mrs. L. D. Collin, Mrs. P. Ray, Mrs. J. Williamson, Mrs. T. Spooner, Mrs. W. McCallum, Miss E. Shirley.

MARRIED: On June 1, in St. John's Cathedral, Winnipeg, Edna March (S.B.H. 1932), to Mr. Earl Grey. Mr. and Mrs. Grey will reside in Winnipeg.

WINNIPEG: The annual commencement exercises of the Winnipeg General Hospital School of Nursing took place on May 31, when sixty-six young women received their diplomas at a very impressive and beautiful service. Archbishop Matheson pronounced the invocation and Mr. C. S. Riley, President of the Winnipeg General Hospital Board of Trustees, presided, and welcomed the large number of friends and relatives present. Alderman Margaret McWilliams addressed the graduates and compared them to the pioneers of the Red River. Dr. George Stephens, medical superintendent of the Hospital, introduced the members of the class, Mr. Riley presented the diplomas, and Miss K. W. Ellis the medals. Highest honors were given the following members: Miss Marjorie Dyck received the McTavish-Campbell scholarship for general proficiency; Miss Willa Muirhead, the Alumnae award for practical nursing, and Miss Elva Honey, the H.E. Sellers scholarship for highest standing. The Baccalaureate Service for the members of the 1934 graduating class of the Winnipeg General Hospital was held on May 27 at Holy Trinity Church, when the class attended in uniform. The members of the class were guests of honor at a dinner given on May 29 by the Alumnae Association. The guest speaker for the occasion was Mrs. Stuart Langille, Miss Helen Ross, president of the 1934 class, replying. Miss K. W. Ellis, superintendent of nurses, gave a farewell address to the class, which was replied to by Miss Marjorie Dyck. Miss Beaulah Bourns, who has been in a mission hospital in Korea, has recently been sent to Manchuria where she is doing public health work as well as teaching the native nurses at the Lungchingtsun Hospital. Miss Lucy Junod who, before her recent furlough was at Tanganyika, East Africa, has left to resume her work, this time going far inland to French Equatorial Africa where she will open a mission dispensary.

WINNIPEG: The graduation exercises of the School of Nursing of the Children's Hospital of Winnipeg were held on May 30, when sixteen nurses received their diplomas and awards. Mrs. Fred Bawlf, president of the board, presided, and with her on the platform were: Mrs. E. C. Harte, Mrs. John Bracken, Mrs. J. H. R. Bond (founder of the hospital), Miss M. B. Allan (supeintendent of nurses), Dr. Bruce Chown (president of the medical staff), Rev. G. A. Woodside, Rev. H. M. Pearson and Dr. G. S. Williams. Dr. Chown delivered the address to the graduates and the Rev. H. M. Pearson spoke of the spiritual influence a nurse may have on her patients. The diplomas were presented by Mrs. John Bracken, and Mrs. E. C. Harte presented the following prizes: The Mary Walker prize for general proficiency, to Miss Reavely James; prize in theory (senior division), given by the St. Agnes Guild, to Miss Cora Collen; prize in theory (junior division), given by the McKinnon Guild, to Miss Isla Iverach; and the prize for charting, given by Mrs. McArthur, in memory of Dr. Campbell McArthur, to Miss Doris Henderson.

WINNIPEG: The last meeting of the season was held by the Alumnae Association of the School of Nursing of the Children's Hospital on May 8 and took the form of a social evening. It was decided to donate $10.00 per year, for a period of five years, to the Nightingale Memorial Foundation Fund. The Association held a dinner recently in honor of the 1934 graduating class. The toast to the graduates was given by Miss A. McAuley and replied to by Miss Dafoe. The toast to Miss Allan, our superintendent, and the school was

given by Mrs. Wilson, and replied to by Miss Allan. Entertainment was provided by two little girls in costume dances, a singer and elocutionist. The only regret of the evening was that Mrs. Bond, founder of the hospital, was ill and unable to attend.

WINNIPEG: The graduating exercises of the School of Nursing of the Misericordia Hospital took place on May 16, when thirty-two nurses received their diplomas. The following medals were awarded as prizes for proficiency in special subjects: Theory of nursing to Miss Peters, presented by Dr. Beaton; surgical nursing, to Miss Ballantyne, by Dr. J. D. McEachern; medical nursing to Miss Baldwin, by Dr. H. F. Murdoff; general proficiency, to Miss Paquin, by Dr. James McKenty; practical nursing, to Miss Ego, by Dr. F. C. Brereton; obstetrics, to Miss Shewczuk, by Dr. Claud McRae. Dr. Beaton gave the address to the graduating class. The members of the Alumnae entertained recently in honour of the 1934 graduates. The toast to the King was proposed by Miss A. Bannatyne. Miss Mary Lang proposed the toast to the graduates, and gave encouraging advice to those starting forth in their new profession. In responding for the class, Miss Mary Ego expressed the appreciation of the graduates for the honor accorded them. The toast to Alma Mater was proposed by Miss A. Nickel, to which Miss Rolande M. Paquin replied. Miss Blain proposed the toast to Miss Georgina Thompson, assistant superintendent of nurses, which was enthusiastically received. Following is the list of graduates: Jessie Baldwin, Dorothy M. Ballantyne, Doris Carlson, Margaret Currie, Mary J. Ego, Mary N. Grier, Lee Holochuk, Emily M. Hopkins, Evelyn M. Henderson, Elsie L. Hollingum, Astrid M. Johnson, Sylvia P. Kelly, Elsie D. La Boutillier, Rosalie Lasko, Adrienne D. Morton, Heather J. Munroe, Lillian M. McKellar, Elizabeth E. McIvor, Audray Oke, Isobel H. Pickett, Julia Pariseau, Elizabeth Peters, Eileen T. Ross, Helen T. Smith, Esther Sutherland, Mollie Whiteside, Rolande M. Paquin, Margaret Barker, R. Shewczuk, Gladys Swain, Ada Whicher, Myla G. Sando.

WINNIPEG: A maternal care institute was held on May 30 and 31, in the University of Manitoba, under the auspices of the Manitoba Association of Registered Nurses, and the supervision of the Victorian Order of Nurses. The classes dealt with pre-natal, delivery, and post-partum care, the latter including practical demonstrations.

NEW BRUNSWICK

MONCTON: The graduating exercises of the Moncton Hospital Training School were held on May 12, when thirteen nurses received their diplomas. Class pins were presented by Miss MacMaster, superintendent of nurses, and flowers by Mrs. Givan, president of the Ladies' Hospital Aid. Dr. W. A. Ferguson addressed the graduating class. Among the prizes presented was a case of instruments given by the local chapter of the N.B.A.R.N., and won by Miss Mary E. McLean for highest marks in theory of nursing. At the conclusion of the exercises the graduates and their friends were entertained at a reception. On May 14 a dinner was given by the members of the local chapter for the graduating classes of 1932, 1933 and 1934.

SAINT JOHN: The graduating exercises of the class of 1934 of the Training School of the Saint John General Hospital took place on June 7, with Mr. M. E. Ager, M.L.A., president of the Board of Commissioners, presiding. Mr. Ager presented the diplomas to the twenty-one graduates and Miss Murdoch, superintendent of nurses, presented the school pins. Miss Charter, the valedictorian, won the Alumnae Association prize for highest marks, the Women's Hospital Aid prize for obstetrics and also the Ela McGaffigan prize for theory and practice of nursing. Miss Roberts won the Saint John Medical Society prize for the second highest marks and also Dr. Addy's prize for surgery. Vocal solos were rendered by Miss Louise Knight and Mr. Murray Thomson, and Dr. Roberts and the Rev. Canon Young addressed the class.

SAINT JOHN: The executive committee of the New Brunswick Association of Registered Nurses met in Moncton on May 21 and made plans for the annual meeting to be held in Saint John, September 11 and 12. The Saint John Chapter of the New Brunswick Association of Registered Nurses met at the Saint John General Hospital with Mrs. Van Dorser, vice-president, in the chair. A discussion of eight-hour duty followed the usual business session. The private duty section met with Miss Hazel Reicker in the chair. A paper on the private duty chapter of the Weir report was read by Miss Vivian Colpits. Miss Martina Wallace addressed the meeting, showing ways that the unemployed may be helped. The advertising of hourly nursing was discussed and a social hour followed. Under the convenership of Mrs. G. L. Dunlop the graduating class of 1934 of the Saint John General Hospital were guests of the Alumnae Association at a dinner, bridge and dance on June 5. Miss Elizabeth Robinson Scovil, of whom her native province of New Brunswick is justly proud and who is heralded as the oldest graduate nurse in North America, was chief

speaker at a meeting of the South Carolina Nurses Association, held recently in Greenville, S.C. Miss Scovil, who spent the winter at Greenville, is now visiting friends in England. Miss Belle Howe, matron of The Home for Incurables, spent a very enjoyable vacation visiting friends in England.

MARRIED: On April 19, 1934, at Montreal, Miss Margaret Barnes of Saint John, to Mr. James H. Payne, of Toronto. Mr. and Mrs. Payne will reside in Capreol, Ont.

MARRIED: On April 26, 1934, Miss Jean Giggey (S.J.G.H.), to Mr. Robert G. White. Mr. and Mrs. White will reside in Millidgeville.

ST. STEPHEN: The St. Stephen Chapter of the N.B.A.R.N. was held on May 9, the president, Miss McMullen, presiding. The sum of ten dollars was voted from the registered nurses and alumnae associations for the Nightingale Memorial Fund. Miss Myrtle Dunbar was appointed official delegate to the annual meeting in September. Fortunes were read by our professional cup-reader, Miss McMullen. Much sympathy is extended to Miss Helen Boone in the passing of her mother. Miss Florence Cunningham has returned to St. Stephen and is convalescing at the home of Miss Myrtle Dunbar. Congratulations are extended to Misses Doris and Bertha Gale, McMakin, Ellingwood, Harvey, Dow and Mrs. R. D. Bartlett on successfully passing the registration examinations. The regular meeting of the C.M.H. Alumnae met on May 31 with the president, Miss Dunbar, in the chair. The sum of thirty dollars was voted towards the graduation reception and dance.

WOODSTOCK: The regular monthly meeting of the Alumnae Association of the L. P. Fisher Memorial Hospital was held on May 15. A successful dance under the auspices of the Alumnae Association of the L. P. Fisher Memorial Hospital was held on May 29. The guest were received by the president, Mrs. Harry Dunbar, and Miss Tulloch, superintendent of nurses.

ONTARIO

DISTRICT 1

WINDSOR: District 1 R.N.A.O. meeting was held on April 28 at the Hôtel Dieu, Windsor, with one hundred and fifty in attendance. Nurses from London, Chatham, Sarnia and other points in Western Ontario registered. Miss Mildred Walker of London was in the chair and after the invocation by the Rev. H. M. Pauliu, an address of welcome was given by Mayor Croll. Rev. F. Bordeau spoke on need for nurses to co-operate with one another with doctors and patients. He urged all nurses to attend meetings of Nurses Associations and closed his address with a poem: "Only a smile, a word, a touch", which can mean much to all nurses. Dr. McCabe gave a very helpful address on "Early signs of Cancer"; he suggested as early means of recognizing the disease, loss of appetite and dyspepsia, and urged immediate X-rays in such symptoms. He pointed out that cancer is not on the increase and one of the important duties we have is to prevent people from worrying lest they may have a cancer; if anyone thinks he has a cancer encourage him to see a doctor, for frequently growths believed to be cancer are not and, if they are, the more quickly they are recognized the better. Dr. Wigles' talk was devoted to "Water" and he explained that, while a person may live thirty days without food, he could not go that long without water. Eighty-five per cent of the food we eat is water and everybody should drink at least six glasses a day. He pointed out abnormal means of losing water from the body, through the skin, the lungs in pneumonia, and described the means of trying to prevent water loss as in control of fever by drugs and sponge. Solos were sung by Mrs. Wm. Dewar, accompanied by Mrs. Robert Denning, and violin solos by Miss Dorothy Curtin, accompanied by Miss M. Marion, student nurse at the Hôtel Dieu. Following the session the guests were transported to the Metropolitan General Hospital where they were the guests of the staff at high tea, Miss Caroline La Rose being in charge. The executive were entertained at lunch by Miss Hoy and Miss Perrin of Windsor. Each nurse was presented with a jubilee year book from the Hôtel Dieu.

LONDON: At a recent meeting of the Ontario Hospital Alumnae Association, Miss Mary L. Jacobs, M.B.C.N., made a strong appeal for membership in the R.N.A.O., especially this year, being the Registered Nurses Association of Ontario Silver Anniversary. A delightful lunch was served. Misses I. Lindsay and D. Kennedy were hostesses, assisted by Misses F. Burls and L. Kelly. The Ontario Hospital Alumnae Association held a successful party in aid of charitable purposes. A large gathering was in attendance. Prize winners were as follows: Mr. Wm. Jones, Misses Angela Bowers, Dorothy Kennedy, Ivy Dean, Mrs. Archie Wright, Mrs. Nevius, Miss Catherine Nevius, Miss Jones, Mrs. McDougal, Miss Stevenson.

DISTRICTS 2 AND 3

BRANTFORD: The graduating exercises of the Brantford General Hospital School for Nurses, The Galt General Hospital School

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for Nurses, Scott Memorial Hospital, Seaforth and the Women's Hospital, Toronto, took place on June 2, when twenty-nine nurses received their diplomas. The address to the graduating classes was given by Miss E. L. Smellie, C.B.E., R.R.C., Chief Superintendent of the Victorian Order of Nurses. Following the exercises a reception was held and the graduates made an attractive picture as they received their friends. The following nurses received scholarships and prizes: First prize for general proficiency: Miss Edith Read; second prize for general proficiency: Miss Gladys Rodman; scholarship for excellent practical and executive work: Miss Edith Read; special scholarship for excellent practical and executive work: Miss Gladys Rodman; Scholarship for obstetrics: Miss Lorna Macdonald; scholarship for general proficiency in intermediate year: Miss Edna L. Morgenroth; prize for general proficiency in junior year: Miss Margaret K. Copeland. Following is the list of the students graduating from the different schools: *Brantford General Hospital School for Nurses*: Dorothy D. Bowden, Melita A. Brooke, Dorothy G. Daniels, H. Mildred Gehman, G. Olwen Jones, Erie W. Laird, Lorna G. Macdonald, Edith H. Norsworthy, M. Eleanor Irene Patterson, Margaret R. Pierce, Janet M. Preston, Edith M. Read, Gladys A. Rodman, Lillian M. Spence, Ellen M. Widdup, Annie Olivia Young. *Galt General Hospital School for Nurses*: Florence M. Clarke, Florence W. Cole, Kathleen P. Grant, Lydia H. Holley, Lenore B. Parsons, Helen A. Paterson. *Scott Memorial Hospital, Seaforth, School for Nurses*: Evelyn I. Golding, M. Jean Kerr, L. Kathleen Snider. *Women's Hospital, Toronto, School for Nurses*: W. Madeline Hill, Amelia Moskwa, Bessie Plant, Flossie E. M. Wigelsworth. Among the visitors who attended the exercises were Miss A. M. Munn, inspector of schools of nursing for Ontario; Miss A. Cleaver, superintendent of the Galt General Hospital, Miss Margaret Wilson, superintendent of the Scott Memorial Hospital, Seaforth, and Major H. Aldridge of the Women's Hospital, Toronto. The Board of Governors of the Brantford General Hospital entertained the graduating classes at a delightful dance on June 2, and on June 4, the graduating classes of the Brantford General Hospital, Galt General Hospital, Scott Memorial Hospital, Seaforth, and the Women's Hospital, Toronto, were entertained at a banquet by the Alumnae Association of the Brantford General Hospital. Miss Florence Westbrook, Ann Arbour, Michigan (B.G.H., 1921), is spending her vacation in Brantford. Miss W. Chute, University of Toronto School of Nursing, was a recent visitor in Brantford.

GUELPH: A meeting of the Guelph General Hospital Alumnae Association was held recently, at which Dr. Baugh, of the Homewood Sanitarium, gave a very interesting talk on "Progress in the treatment of the mentally ill." The Guelph General Hospital Alumnae Association dinner in honour of the 1934 graduating class, was held during May. Members of the St. Joseph's Hospital Alumnae Association recently gave a dinner in honour of the 1934 graduating class.

STRATFORD: Miss M. McMaster (Stratford General Hospital, 1932), Mrs. K. Snider, (class of 1933), Miss M. Feldpusch (class of 1933), are taking postgraduate courses at the Children's Memorial Hospital, Montreal.

DISTRICT 4

ST. CATHARINES: The quarterly meeting of District 4, R.N.A.O., was held in St. Catharines on May 18 and was well attended, representatives being present from Hamilton, St. Catharines, Niagara Falls and Welland. The meeting was addressed by Dr. W. K. Colbeck on the history of the medical profession in the Niagara peninsula. Miss Helen Brown, of the staff of the St. Catharines General Hospital, followed with the history of the nursing profession in the Niagara peninsula. A social hour, at which St. Catharines nurses were hostesses, concluded the evening.

HAMILTON: The graduating exercises of the training school for nurses, Hamilton General Hospital, were held on June 1, with Mr. W. H. Cooper, chairman of the board of governors presiding. Addresses to the graduates were given by Chancellor H. P. Whidden of McMaster University and Miss E. K. Russell of the School of Nursing, University of Toronto. The university scholarships were won by Misses Olga Friesen and Irene Mayall. Other prize winners were: Medicine, Miss Una Mathews; surgery, Miss Catherine Wyatt; obstetrics, Miss Gladys Coulthart; general proficiency, Miss Agnes Scott. The eventful day was brought to a happy close by a dance given by the staff. On May 30 the members of the class were guests of honour at a charmingly arranged tea given by the Alumnae Association of the General Hospital. Mrs. Rose Hess, president of the Association, Miss Constance Brewster and Miss Clark received the guests. The Alumnae Association appointed the following members as representatives to the Biennial Meeting of the C.N.A. to be held in Toronto: Mrs. Hess, Misses Merle Watson and Ada Schiefele. Of much interest is the appointment of Miss Constance

Brewster as superintendent of nurses in the Hamilton General Hospital to succeed Miss Edith Rayside, who recently retired. Miss Brewster, who is chairman of District 4 of the R.N.A.O., was formerly assistant to Miss Rayside.

DISTRICT 5

BRAMPTON: The regular spring meeting of district 5 R.N.A.O., was held at Brampton on May 19, with a large attendance from different points including Toronto, Barrie, Orillia and Collingwood. The groups arriving at the Peel Memorial Hospital were received by Miss Margaret Jamieson, the superintendent, and conducted over the hospital. Sun was streaming into all the wards, as the building has an ideal situation on the outskirts of the town. The Dale Estate had invited the visitors to inspect their large plant and everyone enjoyed seeing the rows of tall tomato plants with ripening fruit, in the long glass houses, the ferns, palms and wonderful orchids. We gasped with wonder and admiration to see hundreds of roses, carnations and snapdragon standing in huge vases ready for packing, but were rendered speechless when each one of us was handed a box of one dozen lovely pink rose buds. One hundred and thirty sat down to tea, and as the Brampton nurses came in later, there were one hundred and sixty at the evening meeting. Mr. E. McCulloch welcomed the nurses on behalf of the Council and Mr. E. B. Graham brought greetings from the Hospital Board. Miss Dorothy Mickleborough, chairman of District 5, presented the report of the last meeting of the Board of Directors of the R.N.A.O. The following resolution was moved by Miss E. McPherson Dickson, seconded by Miss Millman and carried: "Whereas it has been brought to the notice of District 5 that consideration is being given to proposals to increase the number of student nurses and to decrease the number of graduate nurses in Victoria Hospital, London, be it resolved that the members of District 5 now in meeting go on record as protesting against a policy which would materially add to the already distressing surplus of nurses with the resulting problems of unemployment in Ontario, and be it resolved that a copy of this solution be forwarded to the Board of Directors of the R.N.A.O. with a request for action in this matter." Miss Marion Stewart and her committee had arranged an interesting group of papers on the subject of "Methods of Economy in Fields of Nursing." Miss Jamieson said that by changing their custom of buying small amounts of supplies at a time to a system of

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larger orders at wholesale prices, they had reduced cost as well as avoiding sales tax. Miss Canon, of the Women's College Hospital, also spoke from the hospital viewpoint. Miss Anderson, speaking for the private duty nurse, felt she could assist the patient in reducing expenditure in many ways such as economizing in linen, dressings and supplies and by advising annual health examination to avoid illness. Miss Farquharson, public health nurse for East York, thought it to be an economy to have mothers with children come to her by appointment rather than to make many home visits. Miss Harmer, Victorian Order Nurse, East York Branch, is convinced that time, and therefore money, is saved by teaching the family to help with nursing care. Miss Edna Moore gave a brief summary of the discussion. A paper on the preparation and use of the "Hecktograph" was given, this having been prepared since Miss Mickleborough's recent visit to Brantford, where this device is used to make duplicate copies of letters.

TORONTO: The following news items have been contributed by the Alumnae Association of the School of Nursing of the Toronto General Hospital: Miss Edna McKinnon (1922), has been appointed assistant superintendent of nurses, at the Toronto Hospital for Consumptives, Weston. Miss Lillian Bailey (1923), has been given charge of Ward I., Toronto General Hospital. Miss Margaret McKay (1930), has accepted the position of medical supervisor. Miss Elsie Bain (1920), is in charge of the third floor, Dunlop Building, with Miss Frances McGarry (1929), as her assistant. Miss Grace Frome (1930), has been appointed assistant head nurse on Ward G and Miss Kay Gordon (1934), Miss Marjorie Pick (1933), and Miss Anne Holgate (1933), have been assigned to the private wards operating room as assistant head nurses. Miss Sadie Williams (1926), has accepted the position of head nurse on the second floor, Dunlop Building, with Miss Ruth Hunter (1929), as assistant. Miss Mona Rae (T.G.H. 1929), left in January to take a position with an Imperial Oil Co. hospital in Peru. Mrs. H. D. Hedley of Moose Jaw, Sask. (Emily Donald, T.G.H. 1917), received the O.B.E. for her work in relief and welfare in the New Year's honour list. A refresher course, held every Wednesday evening during March, gave us an opportunity of hearing four very interesting speakers on the following topics: Dr. E. P. Lewis, Director Out-Door Department, Toronto Psychiatric Hospital, "Some Aspects of Mental Hygiene"; Dr. G. E. Richards, Director, Department of Radiology, Toronto General Hospital; Miss Bell, Director, Visiting Housekeepers Association, "The visiting housekeeper in co-operation with the nurse"; Dr. James C. Goodwin, "Racial mixture as a factor in labour." These lectures were well attended, and proved to be most instructive as well as enjoyable.

MARRIED: At Toronto, on December 16, 1933, Miss Merle Bruce (T.G.H. 1926), to Dr. F. Connall, of Kingston.

TORONTO: The first annual meeting of the new Alumnae Association of the School of Nursing of Toronto University was held on June 5, at the School. As each of the executive committees of the two previous alumnae associations, that is, the public health nurses alumnae association and the hospital instructors and administrators alumnae association, had carried on independently for part of the year, it was felt wise to have reports from the standing committees of both sections. Brief reports were given by the two presidents, Miss Gamble and Miss Jones. An election of officers for the executive of the new year took place. Miss Wickson, of the staff of the Toronto Public Library, gave an extremely interesting and delightful talk on the letters of Jane Austen, Jane Carlyle and Katherine Mansfield. The meeting was followed by an enjoyable social hour.

TORONTO: A general meeting of the Community Health Association of Greater Toronto was held on May 14, with Miss Gamble, the president of the association, presiding. The purpose of the meeting was to discuss the different aspects involved in including lay and other professional workers in the membership of the association. Mr. F. Stapleford, general secretary of the Neighborhood Workers' Association, gave an address on, "The Relation of Health in Social Welfare." Dr. Bell, Deputy Minister of the Province of Ontario and chairman of the committee on preventive medicine of the Academy of Medicine, spoke on, "How Community Health Organizations are fostered in Ontario." Miss Edna Moore, of the division of nursing in the provincial department of health, reviewed the history of organizations in other places attempting to do community welfare work. Dr. Jackson, medical officer of health for Toronto, made a plea to the members to have the organization of the Community Health Association remain as it is and presented reasons why he felt that there was nothing to gain by change in constitution or policies. The discussion resulted in the association deciding to consider two plans of future action, one without and one with the admission of non-technical membership.

TORONTO: The graduation exercises of the Grant MacDonald School of Nursing were held on May 30, when eleven students received their diplomas and prizes. Following the exercises, a reception and dance was held and a dinner was given recently followed by a theatre party, also in honour of the class.

TORONTO: The graduating exercises of St. Michael's Hospital School of Nursing took place on May 16, when sixty-three nurses and one Sister of St. Joseph received their diplomas and medals. Reverend Father McGarrity addressed the graduating class. In the evening the graduating class and their friends were guests of the Ladies' Auxiliary at a charming dance. The Alumnae Association entertained the class at a banquet on May 22, when graduates of other years returned and enjoyed meeting the Sisters, renewing old acquaintances, and welcoming the new class. The red and white caps of the graduating class were very effective and blended with the red tulips and roses, decorating the attractive tables. Miss Margaret Kelman has returned to Toronto after spending the winter in Florida. Last December Miss Kelman resigned from the St. Elizabeth Visiting Nurses Association, after serving for over a quarter of a century. Miss Kelman is one of the early graduates of the Mack Training School, St. Catharines.

MARRIED: Miss Helen Turner (St. Michael's Hospital, class of 1933), was married on March 16, 1934, to Mr. Bruce Demster, Toronto.

TORONTO: The graduating class of the School of Nursing of St. John's Hospital, Toronto, were entertained at a dinner and bridge by the Alumnae Association on May 30, at the Windsor Arms Hotel.

TORONTO: The twentieth Wellesley graduation exercises took place on June 1, when thirteen graduates were favoured with a beautiful day to make their garden party a perfect event to remember through life. Later in the month various entertainments are being given for these new nurses, one being a dance at the Old Mill, given by the Alumnae Association. The Wellesley graduates held a dance in January which was very successful, the proceeds being used for sick benefit.

MARRIED: In May, 1934, Doris Stokes (Wellesley Hospital, Toronto), to Doctor Carrol, Stiner, Ontario.

TORONTO: The graduating exercises of Riverdale Hospital were held on June 7 when eight nurses received diplomas and prizes were awarded to the following: The Gordon P. Jackson prize for general proficiency, to Miss Ruth Wallace; prize for practical nursing, awarded by Mr. Rowland, to Miss Edna May Smith; the Riverdale Alumnae Association prize for highest standing during the course, to Miss Alice Nudds; second highest standing in examinations and neatness in bedside nursing, awarded by Mrs. R. B. Hamilton, to Miss Edna May Smith. The Alumnae Association recently entertained the class at a delightful dance.

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DISTRICT 6

LINDSAY: The Alumnae Association of the School of Nursing of the Ross Memorial Hospital is starting on its third year. During the winter, as well as giving financial assistance to local relief, we have procured and distributed cod liver oil, winter underwear, clothing, mitts and stockings for the needy children of the town. In April we enjoyed a pleasant visit from the District 6, R.N.A.O. during which Dr. F. A. Logan gave a very instructive address on "Work among Crippled Children." At the regular May meeting Mrs. L. Stewart delivered an interesting talk on Dr. Wilfred Grenfell's work in Labrador. After the June meeting, which will be held at the home of the President, Miss L. Harding, the society will adjourn until Fall.

PETERBOROUGH: A meeting of District 6 was held at St. Joseph's Hospital, Peterborough, on June 1, with a large attendance. A number of nurses were present from Lindsay, Belleville, Port Hope, Bowmanville and Cobourg. An interesting address was given by Mr. F. D. Kerr, K.C., on "The nurse and her problems from the point of view of the public." Musical numbers were enjoyed and refreshments served by the social committee of Chapter C.

DISTRICT 10

PORT ARTHUR: Sister Melani, head of the school of nursing of St. Joseph's General Hospital, gave an interesting and instructive talk on nursing at the regular meeting of the Registered Nurses Association, District Number 10, held recently at St. Joseph's Hospital. Miss Vera Lovelace presided, and several of the student nurses gave musical selections. Members of the hospital staff served refreshments.

QUEBEC

MONTREAL: The School of Nursing of Notre-Dame Hospital recently graduated fifty nurses including five Sisters. We wish them every success. Our Registrar, Miss Alice Lépine, R.N., has resigned her position and has been replaced by Miss Evelyne Gauvin, R.N. During April and May Dr. Antonio Barbeau delivered two lectures, the topics of which were "Physionomy" and "Psychiatry." His natural and accurate insight into character, as a mental disease specialist, was greatly appreciated. On May 8 the Reverend Father Ceslas Forest, O.P., addressed us on "Eugenics." This meeting closed the annual day that Catholic Hospitals hold to discuss their common interests.

The sudden death, on May 15, of our most devoted President, Dr. Louis de Lotbinière Harwood, has caused a loss that is generally grieved. We wish to pay a most respectful and grateful tribute to his memory.

QUEBEC: Mrs. Melling, former supervisor of the tuberculosis wing, is now in St. Johns, Que., where she is engaged in district nursing. Mrs. Melling's position at the Jeffery Hale Hospital is being temporarily filled by Miss M. Allison.

MARRIED: On June 2, 1934, Miss Ina Allison (J.H.H. 1929), to Mr. Harry Coles, of Montreal.

SASKATCHEWAN

SASKATOON: The School of Nursing of the City Hospital, Saskatoon, held its graduation exercises on May 18, when twenty-four nurses received the diplomas and pins of the school. Mr. J. M. Stevenson, K.C., presided, and Rev. Professor A. S. Orton pronounced the invocation and benediction. A short address was given by Mayor J. S. Mills, and Dr. Andrew Croll, president of the medical staff, gave the address to the graduating class. Mr. Leonard Shaw, superintendent of the hospital, presented the diplomas to the graduates, and Miss G. M. Watson, Director of Nurses, presented the pins. Following the repetition of the Florence Nightingale pledge by the graduating class, the valedictory address was given by Miss Beatrice Sanderson. The Alumnae Association entertained on May 21 in honour of the class. Miss G. M. Watson, honorary president of the Association, and eighty guests and members were present. Miss Mary Chisholm, president of the Association, welcomed the guests and Mrs. L. D. Anderson delighted those present with a vocal solo. The toast to "The School" was proposed by Miss Anne Ferguson and replied to by Miss Gertrude M. Watson, Superintendent of the School. An enjoyable reading was given by Mrs. J. A. Duncan and a piano solo by Miss Laura Walker. The toast to the class was given by Miss E. Amas, and the reply by Miss Jamieson. A toast to "The Absent Members" was proposed by Miss M. Chisholm. The members of the class were guests of honour at a delightful tea given by Dr. and Mrs. Andrew Croll and among other social events was a bowling tournament, when the 1935 Juniors were hostesses; a gypsy party was given by the 1935 Seniors; a theatre party as guests of the 1936 Juniors, followed by supper, when Miss G. M. Watson was hostess, and a handkerchief shower by the 1936 Senior class. The Student Club entertained at a dance at which Mrs. N. C. Byers, Mrs. Andrew Croll, Miss M. Chisholm and Miss G. M. Watson were patronesses.

OVERSEAS NURSING SISTERS ASSOCIATION OF CANADA

VICTORIA: Florence Nightingale's birthday was the occasion for an outing for our club arranged for by two members: Sisters Hodge and Franks. The drive from Victoria by way of the Gorge road, the Island Highway, and the old Metchosin road was entrancing. As the road wound its way through the fragrant pines, one caught glimpses, through the open spaces, of the deep blue sea, as calm as glass, bordered by the American coast line

and the gorgeous snow-capped Olympics, radiant with the glory of God's sunshine. We sat down, twenty strong, a merry congenial group of Overseas Sisters, to do justice to our "bully beef" sandwiches and other good things provided by our hostesses. Six o'clock came all too soon, and we reluctantly started for home. Sister Benvie led the race, with Sister Louise McDonald a close second, but Sisters O'Leary (Sterratt), Forbes and Robertson (Jack), were not far behind.

LONDON: The London branch of the Overseas Nursing Sisters Association has been organized since October, 1926, and our activities during this year consist of a bridge during the winter, a picnic in summer, and the Armistice dinner. All our social affairs have been fairly well attended, averaging as a rule thirty members. It was our happy privilege to have as our guest of honor, Matron McClachy, R.R.C., of Halifax, who has been the guest of our President, Miss Hubley, and to offer our own Miss Bertha Smith, O.B.E., our congratulations on her recent honours. The officers of the association are: President, Miss L. Hubley, Wolsley Barrack, London; Vice-President, Miss Alice Turner, Westminster Hospital, London; Secretary, Miss D. M. A. Birrell, Queen Alexandra Sanatorium, London; Treasurer, Mrs. Jack Campbell, c/o Dr. J. Campbell, Westminster Hospital; Executive, Mrs. J. Hunt; Miss J. Little, Miss A. M. Forrest, R.R.C., Miss Bertha Smith, R.R.C., O.B.E., Mrs. Wilfrid Mare.

OBITUARY

BRITTON—The death occurred in Toronto, on May 21, 1934, of Miss Myra Britton, a member of the class of 1927 of the School of Nursing of Stratford General Hospital, Stratford, Ont.

McKEAGE—The death occurred on May 31, 1934, at Lennoxville, Que., after a lengthy illness, of Sarah Agnes (Mickey) McKeage at the early age of twenty-seven years. Miss McKeage was a member of the class of 1928 of the School of Nursing of Jeffery Hale's Hospital, Quebec.

SHARPE—The death occurred suddenly, May 1st, 1934, at Brandon, Manitoba, of Agnes Houston, beloved wife of Dr. H. S. Sharpe and a graduate of the Royal Hospital for Sick Children, Edinburgh, Scotland. Mrs. Sharpe was the first to advocate district nursing in Brandon and as a result of her efforts the child welfare department has developed. She was an ardent worker in child welfare, the Ladies' Hospital Aid, and the Brandon Graduate Nurses Association, and will be greatly missed in the community to which she had endeared herself.

SHINKODA—Recently at the Vancouver General Hospital, Mrs. E. Shinkoda, (Chiyo Kubo), passed away leaving an infant daughter. Miss Kubo was born in Japan coming to this country when quite young. She received her preliminary education in Victoria, British Columbia, and graduated from the School of Nursing of Lamont Hospital in 1928. After a short period of practice in this province she returned to the coast, and in Vancouver gave herself wholeheartedly to the practice of her profession among the people of her own race. The news of her death will come as a shock to many as she was a woman of sterling qualities and had won the highest esteem among a wide circle of friends in both the nursing and medical profession.

YUILL—On April 9, 1934, at the Toronto General Hospital, Jean Yuill, night supervisor of the Toronto General Hospital. Miss Yuill graduated from the Glasgow Training School for Nurses in 1906 and took postgraduate work in the Women's Hospital, New York. She served as night supervisor in the Knickerbocker Hospital, New York, for one year, later as night supervisor in the Women's Hospital and subsequently held the position of superintendent of nurses in that institution for two years. She was appointed night supervisor of the Toronto General Hospital on Nov. 4, 1915 and rendered outstanding service in that capacity. Miss Yuill is deeply mourned by her numerous friends and her nursing colleagues. She is survived by the Misses Isabel and Elizabeth Yuill of Los Angeles and by Miss Anne Coleman.

. . . OFF . . . DUTY . . .

We occasionally interrupt our literary labours . . . and attend a moving picture show . . . Usually we forget all professional cares . . . and suffer ourselves to be lulled . . . into a pleasant sort of coma . . . by Mickey Mouse or a Silly Symphony . . . But occasionally we are roused from our lethargy . . . when a nurse appears upon the screen . . . Some of the damsels who thus hold the nursing mirror up to nature . . . can be depended upon to awaken anyone . . . out of the soundest sleep . . . and if it be true that the silver screen . . . reflects life as it is lived . . . it may be instructive to watch our own shadows . . . and listen to our own voices . . . even though the experience . . . may turn out to be . . . both painful and salutary . . . We have not yet completed our investigations . . . but a superficial study indicates . . . that according to Hollywood . . . our principal nursing activities are . . . bringing the doctor his hat and coat . . . bestowing melting glances upon a handsome patient . . . while giving him a cooling drink . . . with the glass held at an angle . . . which in actual practice . . . would result in most of the liquid . . . pouring over his manly chest . . . shedding glycerine tears after being chided by a heartless superintendent . . . being consoled by the chief surgeon . . . and fainting gracefully over the foot of the patient's bed . . . Somehow all this does not resemble our past experience . . . We have carried many burdens for members of the medical profession . . . but always drew the line firmly at their hats and coats . . . handsome patients seldom came our way . . . the ones we remember with affection . . . were unshaven and far from beautiful . . . and rather reminded us of spoiled children . . . Of course there was one never-to-be forgotten occasion . . . when we had the leading man of the local stock company . . . as our very own patient . . . but the glamour faded . . . when we tenderly placed his false teeth in a glass of water . . . when he left for the operating room . . . life is full of these disillusionments . . . The only occasion upon which we nearly fainted . . . cannot be said to have been romantic . . . We managed to knock over an irrigator stand . . . to which we had clung in an effort to stick on our feet . . . and thus spilt a purple flood of potassium permanganate . . . all over the operating room . . . the chief surgeon did nothing to console us . . . either by word or deed . . . all he said was . . . "Take her out of the way and mop up this mess" . . . We must admit however that some details shown on the screen are true to life . . . caps are worn at the correct absurd angle . . . heels are usually high . . . and make as much noise on the tile floors . . . as they do in real life . . . and there were a few moments in "Men in White" when the swift, sure team-play of a modern operating room was shown with a breathless realism . . . but in a flash we were back again . . . handing hats and coats . . . and being consoled by chief surgeons . . . or pushing wheel chairs . . . an occupation which does not lend itself to sinuous grace . . . So we went out into the night . . . dreaming of a scenario which might show nursing as it really is . . . That would be a feature picture . . . Mickey Mouse would hide his diminished head at the sight of it . . . and the board of censors might not like it . . . but it would be melodrama, comedy, tragedy, farce . . . Something tells us that scenario can never be written . . . because no one but a nurse could write it . . . and no nurse ever will . . .

Official Directory

International Council of Nurses:
Secretary, Miss Christiane Reimann, 14 Quai des Eaux-Vives, Geneva, Switzerland

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Saskatchewan Registered Nurses Association (Incorporated March, 1917)

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Associations of Graduate Nurses

ALBERTA

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BRITISH COLUMBIA

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A.A., St. Paul's Hospital, Vancouver

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A.A., Vancouver General Hospital

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A.A., Orillia Soldiers' Memorial Hospital

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